

News



PhD candidate returns from mock voyage to Mars

• 3

Opinion



Students relish and regret the dying days of summer

• 8

Sports



The Gateway's Fantasy Football Draft Kit

• 20





THE **gateway**  
visit us at GTWY.CA

Monday, August 18, 2014  
Volume 105 Issue No. 4

Published since November 21, 1910  
Circulation 8,000  
ISSN 0845-356X

Suite 3-04  
Students' Union Building  
University of Alberta  
Edmonton, Alberta  
T6G 2J7

**Telephone** 780.492.5168  
**Fax** 780.492.6665  
**Ad Inquiries** 780.492.6700  
**Email** gateway@gateway.ualberta.ca

**editorial staff**

**EDITOR-IN-CHIEF** Andrea Ross  
eic@gateway.ualberta.ca | 492.5168

**MANAGING EDITOR** Kate Black  
managing@gateway.ualberta.ca | 492.6654

**ONLINE EDITOR** Kevin Schenk  
online@gateway.ualberta.ca | 492.6652

**NEWS EDITOR** Richard Catangay-Liew  
news@gateway.ualberta.ca | 492.7308

**OPINION EDITOR** Shandi Shiach  
opinion@gateway.ualberta.ca | 492.6661

**ARTS & CULTURE EDITOR** Kieran Chrysler  
arts@gateway.ualberta.ca | 492.7052

**SPORTS EDITOR** Cameron Lewis  
sports@gateway.ualberta.ca | 492.6652

**MULTIMEDIA EDITOR** Shannon Kovalsky  
multimedia@gateway.ualberta.ca

**PHOTO EDITOR** Christina Varvis  
photo@gateway.ualberta.ca | 492.6648

**DESIGN & PRODUCTION EDITOR** Jessica Hong  
production@gateway.ualberta.ca | 492.6663

**business staff**

**BUSINESS MANAGER** Ryan Bromsgrove  
biz@gateway.ualberta.ca | 492.6700

**GRAPHIC DESIGNER** Vikki Wiercinski  
design@gateway.ualberta.ca | 492.6647

**WEBMASTER** Alex Shevchenko  
webmaster@gateway.ualberta.ca

**CIRCULATION PALS**  
**Anthony Goertz & Robert Latte**  
circulation@gateway.ualberta.ca



The Gateway is published by the Gateway Student Journalism Society (GSJS), a student-run, autonomous, apolitical not-for-profit organization, operated in accordance with the Societies Act of Alberta.

The Gateway is proud to be a founding member of the Canadian University Press.



**complaints**

Comments, concerns or complaints about *The Gateway's* content or operations should be first sent to the Editor-in-Chief at the address above. If the Editor-in-Chief is unable to resolve a complaint, it may be taken to the Gateway Student Journalism Society's Board of Directors; beyond that, appeal is to the non-partisan Society OmbudsBoard. The chairs of the Board of Directors and the OmbudsBoard can be reached at the address above.

**copyright**

All materials appearing in *The Gateway* bear copyright of their creator(s) and may not be used without written consent.

**disclaimers**

Opinions expressed in the pages of *The Gateway* are expressly those of the author and do not necessarily reflect those of *The Gateway* or the Gateway Student Journalism Society.

Additionally, the opinions expressed in advertisements appearing in *The Gateway* are those of the advertisers and not *The Gateway* nor the Gateway Student Journalism Society unless explicitly stated.

*The Gateway* periodically adjusts its circulation between 7,000 to 10,000 printed copies based on market fluctuations and other determining factors.

**colophon**

*The Gateway* is created using Macintosh computers and HP Scanjet flatbed scanners. Adobe InDesign is used for layout. Adobe Illustrator is used for vector images, while Adobe Photoshop is used for raster images. Adobe Acrobat is used to create PDF files which are burned directly to plates to be mounted on the printing press. Text is set in a variety of sizes, styles, and weights of Fairplex, Utopia, Proxima Nova Extra Condensed, and Tisa. *The Manitoban* is *The Gateway's* sister paper, and we love her dearly, though "not in that way." *The Gateway's* game of choice is seeing who gets sick of Andrea talking about her hedgehog first.

**contributors**

Collins Maina, Dylan Hanwell, Max Kelly, Taylor Evans, Destini Engel, Micheal Vecchio, Christopher Borger, Jessica Pigeau, Stefano Jun, Matthew Townsley, Hannah Madsen, Holly Detillieux, JeeSu Suh

**news haiku**

So I'm good at these?  
HA, they're really not that hard  
Kate just really sucks



PHOTO OF THE WEEK Meet Nellie, *The Gateway's* mascot for the 2014–15 year.

ANDREA ROSS

**streeters**

COMPILED AND PHOTOGRAPHED BY Andrea Ross + Richard Catangay-Liew

As you may have heard, our EiC got a hedgehog!

WE ASKED...

**What's your dream pet?**



**Bijan Yusefu** OPEN STUDIES I

"I wouldn't mind a white wolf. One of those would be cool. It's like a dog and would probably be very loyal. I could go hunting with it."



**Kieran Chrysler** BUSINESS III

"A liger. I like that they're mystical and no one else has one."



**Genie Kwon** SCIENCES II

"I can't get a pet, (but) I would want a dog. Any kind of dog would suffice. I just love dogs."



**Parasaurolophus** EAS III

"A stegosaurus. We're about the same size, but it's also a herbivore, so I know it won't eat me."

"The locomotives are black. The coal is black. The tracks are black. The night is black. So what am I going to do with color?"  
- O. WINSTON LINK

**gateway photo**

VOLUNTEER FOR GATEWAY PHOTOGRAPHY.  
MORE THAN JUST BLACK AND WHITE.

online at THEGATEWAYONLINE.CA



# News

**News Editor**  
Richard Catangay-Liew

**Email**  
news@gateway.ualberta.ca

**Phone**  
780.492.7308

**Twitter**  
@RichardCLiew

**Volunteer**  
Give me a shout. (Or an email.)

## PhD candidate returns from mock voyage to Mars

**Kate Black**

MANAGING EDITOR • @BLAHBLAHBLACK

Living in an isolated Mars simulator was going pretty well for Ross Lockwood until one of the toilets gave out.

“The mass that’s inside the composting toilets is supposed to decrease and this one wasn’t,” he said. “You just keep adding waste to it, it just keeps getting fuller and fuller and then what do you do?”

He and his five other crewmates did the only thing they could do: fully dressed in spacesuits, they hauled 100 pounds of human waste out of their home and down the blistering slopes of Hawaii’s Mauna Loa volcano. Not surprisingly, this was Lockwood’s lowest point in the 120-day Hawaii Space Exploration Analog and Simulation (HI-SEAS).

Lockwood, a Physics PhD candidate at the University of Alberta, was one out of more than 700 applicants accepted to participate in the University of Hawaii’s NASA-funded experiment, which tested the psychological effects of a potential long-duration space mission to Mars. From March 27 to July 25, Lockwood and the other participants were confined to a two-storey, 36-foot-wide dome on the Mauna Loa volcano.

He came to learn about space exploration, but walked away with a handful of revelations of his own about how the human mind operates when isolated from the outside world.

“Isolation really has a bigger impact than people imagine,” he said. “At this point I’m looking back and



**MARS MAN** Ross Lockwood scaling the Mauna Loa volcano in Hawaii while on a simulated Mars mission.

SUPPLIED

I don’t remember particular days. There’s so much of a lack of stimulus that everything blurs together, and not just in a figurative sense.”

The group tried their best to stay busy by throwing parties and building obstacle courses in the dome, but also had to take five daily surveys and perform occasional

cognition and team performance tasks to tests their reflex speeds and short-term memory. Lockwood went on approximately 40 simulated “extra-vehicular activity” excursions, where — after donning either a HAZMAT or mock space suit — he was able to leave the habitat for a brief amount of

time to perform geological surveys on the surrounding volcano environment.

Over the four months, he settled into an unofficial “chief technologist” role and became responsible for monitoring the habitat systems: keeping an eye on the water usage, temperatures and power

levels, since the habitat operated on solar power during the day and a battery at night. He inevitably ran into personality differences in this position — like crewmates running on the high-power treadmill when the habitat’s battery was only at 50 per cent, for example.

But the personal challenges led him to his biggest revelation of the simulation: the importance of navigating the “prickles” in people’s personalities effectively on a mission. After all, just four months on dehydrated food can bring out prickly sides in even the gentlest simulated astronauts.

“You should really be training a group of people that’s going to go on (a Mars mission) for years before you send them, just to know that one person isn’t hiding the fact that they like eating all the Nutella,” he said.

“Two months into the mission the Nutella will be gone, which will cause confusion for everybody else.”

Nutella drama aside, Lockwood is thankful for the doors the HI-SEAS mission opened to potentially becoming an astronaut and is glad to have contributed to research in ways he never would have expected.

“I don’t want to say that sending humans is a bad idea, but there are a lot more challenges to sending humans than there are, at the moment, to sending robots,” he said. “But building the team that would actually go and live there and preparing them for that time together, that’s the big challenge that never really crossed my mind.”

## Summer program helps grade 11 students make wise decisions

**Richard Catangay-Liew**

NEWS EDITOR • @RICHARDCLEW

Six weeks ago, Aiman Khan nervously approached her summer dorm room for the first time. As the only Roland Michener Secondary School student in her research program, Khan said she felt alone and withdrawn — until she walked in on her new roommates playing UNO.

“Before, I was always an awkward person,” Khan said, as she recalled her first day at the University of Alberta. “But when I got here, I was able to talk to people who had the same interests as me and I became a lot more outgoing. Before, I would just be in the corner, away from everyone.”

Khan was one of 40 Grade 11 students in Alberta selected for the Women in Scholarship, Engineering, Science & Technology (WISEST) Summer Research Program at the U of A. The six-week project aims to give young women a hands-on opportunity in male-dominated fields such as engineering, math, physics and computing science.

WISEST chair Denise Hemmings said the organization provides a working experience to high school students in faculties they might not choose otherwise.

Historically, few women have chosen careers in science and engineering in comparison to men.

“We’re trying to encourage them to step outside the box,” Hemmings said. “Hopefully this will increase the number of women in stem programs like science, computer technology and math, so we can increase the number of women in those areas.”

“They don’t really understand all the opportunities they have moving forward. I want the students to remember all the choices they have in their lives, and hopefully look for careers in them.”

With over 160 applicants province-wide, WISEST requests a minimum admission average of 80 per cent, letters of recommendation, an essay for why students thought they should be in the program and a final interview.

So when Khan got the call saying she was accepted, she screamed.

“I was ecstatic,” she said. “They called me and I was in front of my parents. I ran as fast as I could into my room to give them the final interview.”

Soon after, Khan was working in the Department of Biological Sciences, where she tracked and predicted population growth of western tiger salamanders in Canada.

Along with research, the WISEST program taught the high school students skills such as how to network, back up data, code in terminal and manage time effectively.

Jaime Hicks, a Harry Ainlay High



**WISE WOMEN** Jaime Hicks demonstrates her summer research project.

CHRISTINA VARVIS

School student who learned how to convert EMG signals into audio files over the summer, said she will miss “everything” about the program.

“There is so much I’ve learned. Even if you’re in a male-dominated field, you can still excel — there’s just a lack of interest,” she said. “I want to show that women can do the same things as men.”

“I definitely feel empowered.”

While WISEST mostly encourages women to pursue careers in less traditional gender roles, it also welcomes men to the program. Out of the 40 attendees at this year’s camp, only three were male.

Aaron Grenke was one of them. “First day was quite awkward,”

Grenke said of working with mostly females. “I just kind of got used to it.”

Grenke worked in a nutrition lab in the Faculty of Agricultural, Life and Environmental Sciences, a program where females substantially outnumber males.

“Regardless of what you’re interested in, WISEST will open your eyes in other dimensions you didn’t expect to discover,” he said.

“Don’t be too focused on where you want to be, just be open to new experiences.”

Khan echoed Grenke’s sentiments.

“The most I’ll remember is the experience,” she said. “Before I

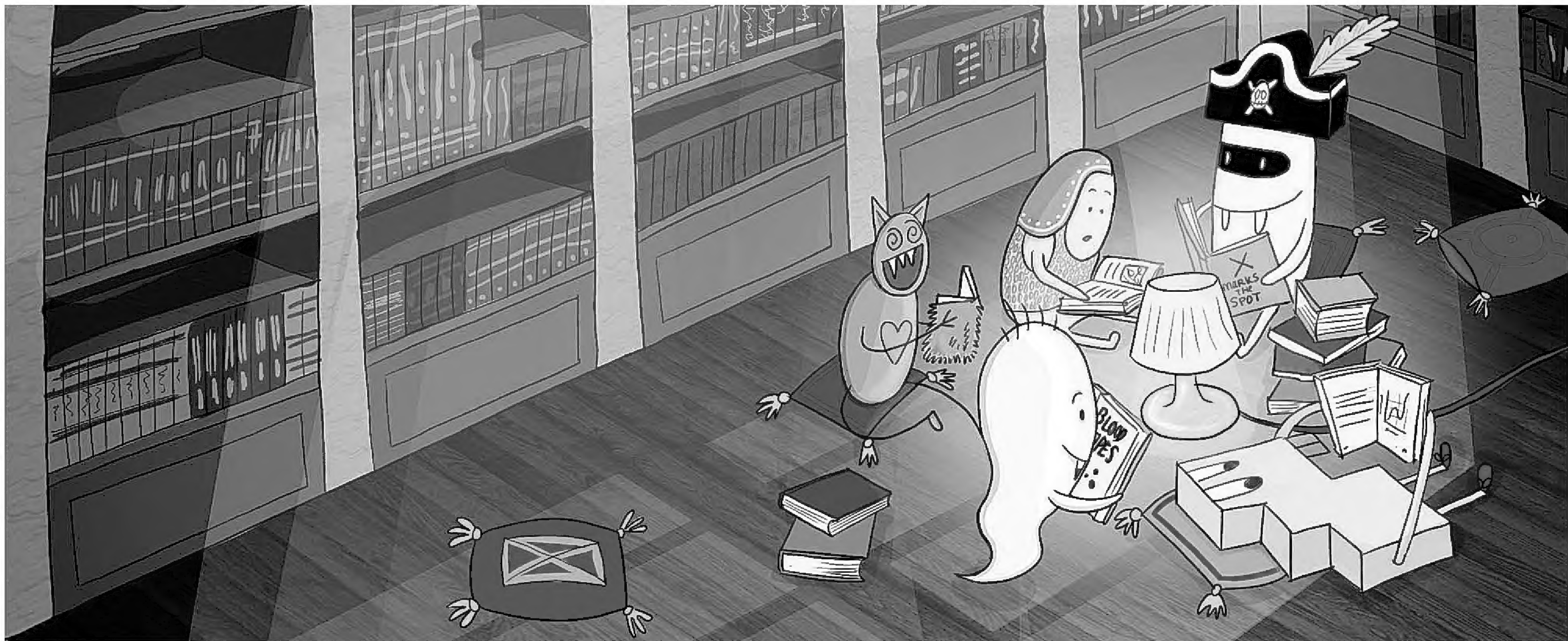
attended the program, I always believed that as long as I study hard enough, I would obtain the knowledge I needed, and that had always worked for me.”

In the last six weeks, Khan said she realized the importance of keeping her options open. In the meantime, Khan looks forward to enrolling at the U of A’s neuroscience program after graduating high school, and reuniting with her roommates for another round of UNO.

But with her WISEST experience under her belt, Khan acknowledges that her plans could eventually change.

“There are so many possibilities now.”





DIGITAL DISCOURSE Registration for Understanding Video Games is now open for students around the world.

SUPPLIED

## New UAlberta online course being offered for free

Collins Maina

NEWS STAFF • @COLLINSMANIA

A new online course offered by the University of Alberta aims to place the university ahead of the game in providing digital learning experiences.

The U of A has opened registration for its second Massive Open Online Course (MOOC), Understanding Video Games, following the success of Dino 101, a paleontology-centered online course that saw 25,000 registrants last year.

Understanding Video Games can be taken for free online by anyone or as a credit course by U of A students and will seek to explore how the building blocks of video games interact with topics such as culture, sexuality, race and violence. The online course will also look at how video games are used in other areas like education, health, rehabilitation, problem-solving and casual gaming.

"The course is about trying to give people a certain sense of how to interpret and understand this incredibly important cultural medium," lead instructor Sean Gouglas said.

"Video games are incredibly influential. They are a cultural touchstone for at least two generations now," he said. "In the same way that I kind of look back fondly at Saturday morning cartoons, I think there's a whole two generations of people who look at video games in the same sort of way."

The online course, which begins in September, has been open for registration for the past two weeks. More than 5,000 people have registered for Understanding Video Games on the Coursera platform since then.

There are three versions of the course being offered. One is offered for free to anyone, one for U of A students for credit as STS 351, and one for students from around

the world for course accreditation.

Gouglas taught the popular credit course for three years prior to the online expansion. The main difference between the online public course and the course for credit is the method of assessment.

The online course will entail readings, quizzes, and interactive objects, while the credit course will continue to combine both formative and summative assessment styles.

"We have quizzes every three or four minutes to see if you have been paying attention," Gouglas said.

"We have lots of interactive objects such as an avatar creation where we pulled some elements of game design and you (the student) create your own avatar."

Jennifer Chesney, Associate VP of University Digital Strategy, explained that the course's interactive element helps it pull ahead of the pack in terms of providing a learning experience.

The course allows U of A students to interact with others across the world in Coursera's online forums.

"The University of Alberta has done something that other universities aren't doing yet and it has proved to be really successful," she said.

"We've set a mandate that if we're going to do a massive open online course for free to the world, we are also going to (offer it) for credit to our U of A students."

The course for accreditation — given a student pays a fee and writes the same examinations U of A students are taking — will allow some students to tailor studying around their own learning style or personal schedules.

"It is useful for students, as they have told us, who need something more flexible or accessible, are working part time or are an athlete on the road," Chesney said. "But exams are taken on-campus."

Students taking it as a course for

credit will also have access to the teaching assistants on campus.

The U of A plans to continue using MOOCs in the future, Chesney said, but it will not compromise the rigour of the students' course experience.

In assuring that the free online courses have the same academic quality required to be a university course for students, Chesney said the U of A has been able to overcome difficulties faced by other universities that see on-average a five per cent completion rate on free massive open online courses.

"We have broken that barrier. We've more than tripled the completion rates — and that's for students who get 80 per cent or better on each of the chapter quizzes — and we have a 17 per cent completion rate now," she said.

"This has made the rest of the universities start paying a lot of attention to what we are doing here."

## UAlberta staff member nominated for NDP leadership race

Dylan Hanwell

NEWS WRITER • @DYLANHANWELL

University of Alberta students and faculty may recognize a familiar name when filling out ballots for this year's Alberta NDP leadership race.

Rod Loyola, Academic Programs Coordinator at the U of A International office, recently submitted a successful nomination for Alberta NDP leadership.

He now joins Edmonton-Strathcona MLA Rachel Notley and Edmonton-Calder MLA David Eggen who are also in the running for Alberta NDP leader.

"There was only one month left to the election, but I thought this is an opportunity to get my name out there, start meeting people representing the NDP, and would be a good start towards eventually getting a seat within the legislative assembly," Loyola said.

Loyola's history with politics dates back to 1973, when he was involved with solidarity work, human rights work and social justice activism in the Latin-Canadian community as a youth. During campaign season growing up, he would assist and support NDP candidates. In 2012, Loyola ran in the provincial election for

the Edmonton-Ellerslie riding.

"(In 2012) someone had to pull out for health reasons... so the party came to me and said, 'Well Rod, we know you're a very active person in the community, so why don't you run?'" Loyola said.

He would go on to finish third in his riding, garnering 16 per cent of the vote.

Loyola said he wasn't planning on running so soon this year, but entered the race with the intention of helping change Alberta.

"It's an opportune time to get involved because Alberta is changing and I wanted to be part of that change," he said. "I wanted to help and not only run for leadership, but help the party while letting Albertans know we are a true alternative."

In addition to his work at the U of A, Loyola is president of the Non-Academic Staff Association. He said this position has prepared him in finding common ground between different interests — something that could come in handy as Premier or Leader of the Opposition.

"Anytime you are in a position where you are representing the interests of a particular constituency, you have many pressures coming at you from

different sides," he said.

Loyola has also worked on the Post-Secondary Education Task Force of Public Interest Alberta, whose main focus is to consult with Albertans on post-secondary education. The task force is currently asking people to identify alternatives to the market-oriented approach, which he said is moving towards privatizing post-secondary education.

In terms of international students in Alberta, he said it's important that international students stay in the province after receiving a degree.

"(International students) pay three times as much for their degree as a Canadian citizen, and I think that that's problematic," he said. "I think that a real easy solution to this issue could be some type of tax incentive for people that end up staying here... that way they feel welcomed and they've gotten a benefit out of it, and they continue to be happy to provide their services to our society."

Originally from Chile, Loyola related the importance of indigenous treaties in Alberta and Canada to people from outside the country.

"For me, someone who's come from what used to be called the



NDP NOMINATION Rod Loyola will run for Alberta NDP leader this fall.

SUPPLIED

Third World, to come here and see people right here inside of Canada living in Third World conditions is horrendous," he said. "It shows that oppression exists right here in Alberta and Canada."

"We need to start working with indigenous communities and making sure those treaties are respected and honoured and that's what I hope to bring to the leadership

of the Alberta NDP — that every agreement that we make is honoured, and that we continue to build a better society for all people within Alberta."

The Alberta NDP leadership race runs until Oct. 18 and will be decided by a preferential ballot. Brian Mason, who has served as leader of the Alberta NDP since 2004, will resign later this year.



# Fringe show weighs in on fat jokes and discrimination

**Richard Catangay-Liew**  
NEWS EDITOR • @RICHARDCLIEW

For more than six million Canadians living with obesity, information about the issue typically comes in the form of lectures, group sessions or dietitian visits. But Dr. Arya Sharma is trying to educate about obesity through an unconventional manner: the Fringe stage.

Sharma, Chair in Obesity Research and Management at the University of Alberta, is trying to get a scientific message about fat jokes out through his comedy show, *Weighty Confessions of an Obesity Guru* at the 33rd Edmonton International Fringe Theatre Festival.

Unlike a class lecture on the topic, Sharma will be throwing on a costume and a wig instead of a shirt and tie to address the social stigma associated with obesity from Aug. 15 to 23 at Cally's Tea on Whyte Avenue.

"A lot of fat jokes are cheap shots," Sharma said about fat-bullying. "There are so many things that are taboo topics, but everyone seems to think it's OK to laugh at fat people."

Sharma said certain people find disparaging fat jokes funny because it takes a stereotype that confirms what they're thinking, like obese people lacking self-control when it comes to food.

"There's a lot of misinformation," Sharma said. "There's a lot of stereotypes floating around here saying that fat people are unhealthy or fat because they eat junk food all day. The research doesn't really support that. I know a lot of skinny people who don't exercise and eat only junk food."

Part of the problem with fat jokes and weight-related humour is social acceptance, which results in discrimination, Sharma said. This is especially prevalent with self-deprecating humour, such as obese comedians making jokes about obese people.

If ticket sales are any indication of interest in Sharma's whimsical approach to obesity, the public seems to be receptive of his quirky message. All seven scheduled shows sold

out three days before the start of the festival, which pleased — and surprised — Sharma.

"I knew there would be a lot of interest, but this tells me that people are curious about the approach," he said. "I think it reflects the fact that this is a common problem and people are actually wondering, 'where is he going with this?'"

■ **"There are so many taboo topics, but everyone seems to think it's OK to laugh at fat people."**

ARYA SHARMA  
CHAIR, OBESITY RESEARCH AND MANAGEMENT, UNIVERSITY OF ALBERTA

Although this is Sharma's first time at The Fringe, he is no stranger to the stage, having taken another show *Stop Being a Yo-Yo: a Lighter Look at the Ups and Downs of Weight Loss* on tour throughout Canada. But because of the Fringe's format and crowd, Sharma had to change his approach. Sharma shortened his regular routine and changed it from an info session about obesity with jokes, to a joke session with tidbits of obesity info sprinkled in.

"Humour kind of gets that conversation going," he said. "It gets people involved and it gets people talking, as serious topics often lend themselves to humour."

"It's not so much about making typical fat jokes — it's about laughing at the way we are dealing with the problem."

As for his future plans, Sharma said he hopes to continue informing the public and de-bunking myths about obesity through his unorthodox, comedic methods.

"We'll see how the Fringe goes," he said. "I want to see how the audience responds, and from there we'll decide," he said. "I want to know 'how do I get people to actually listen and have some fun with it?'"

"From a student perspective, it's important to be thinking about how you can use humour to communicate science."

**Arya M. Sharma, MD in...**

## WEIGHTY CONFESSIONS of an Obesity Guru

**MYTH, MIRTH & MEDICINE:** The man CBC calls Canada's top obesity guru takes you on a journey of laughs and insights into the world of medical gurus peddling secrets to achieving that perfect body. In this uproarious and tell-all monologue, Sharma openly shares what really works and matters when it comes to self-image.

*Come earlier – have tea & snacks.*

**VENUE:**  
Cally's Tea, 10151 82 Ave NW, Edmonton (VENUE# 38)

**DATES:**  
Friday, August 15..... 7:00 pm  
Saturday, August 16..... 7:00 pm  
Sunday, August 17..... 3:00 pm  
Tuesday, Aug 19..... 7:30 pm  
Wednesday, August 20..... 7:00 pm  
Thursday, August 21..... 6:00 pm  
Saturday, August 23..... 11:00 am

**FRINGED AND CONFUSED!**  
33rd Edmonton International Fringe Theatre Festival  
August 14-24, 2014

Production by AMS Medical Inc.  
Guru Advisors – Eva Colmers and Barbara North

**ENTERTAINING EDUCATOR** Arya Sharma will be performing a comedy routine at the Fringe this year.

SUPPLIED

## Diversions.



**like a hug from a furry friend since 1738.**

online at THEGATEWAYONLINE.CA/COMICS

gatewaycomics



"So you're probably wondering why I'm holding this egg. This egg is a symbol of two beautiful people, you and Ricki, and throughout this journey I will take care of this egg like I would take care of you and Ricki."

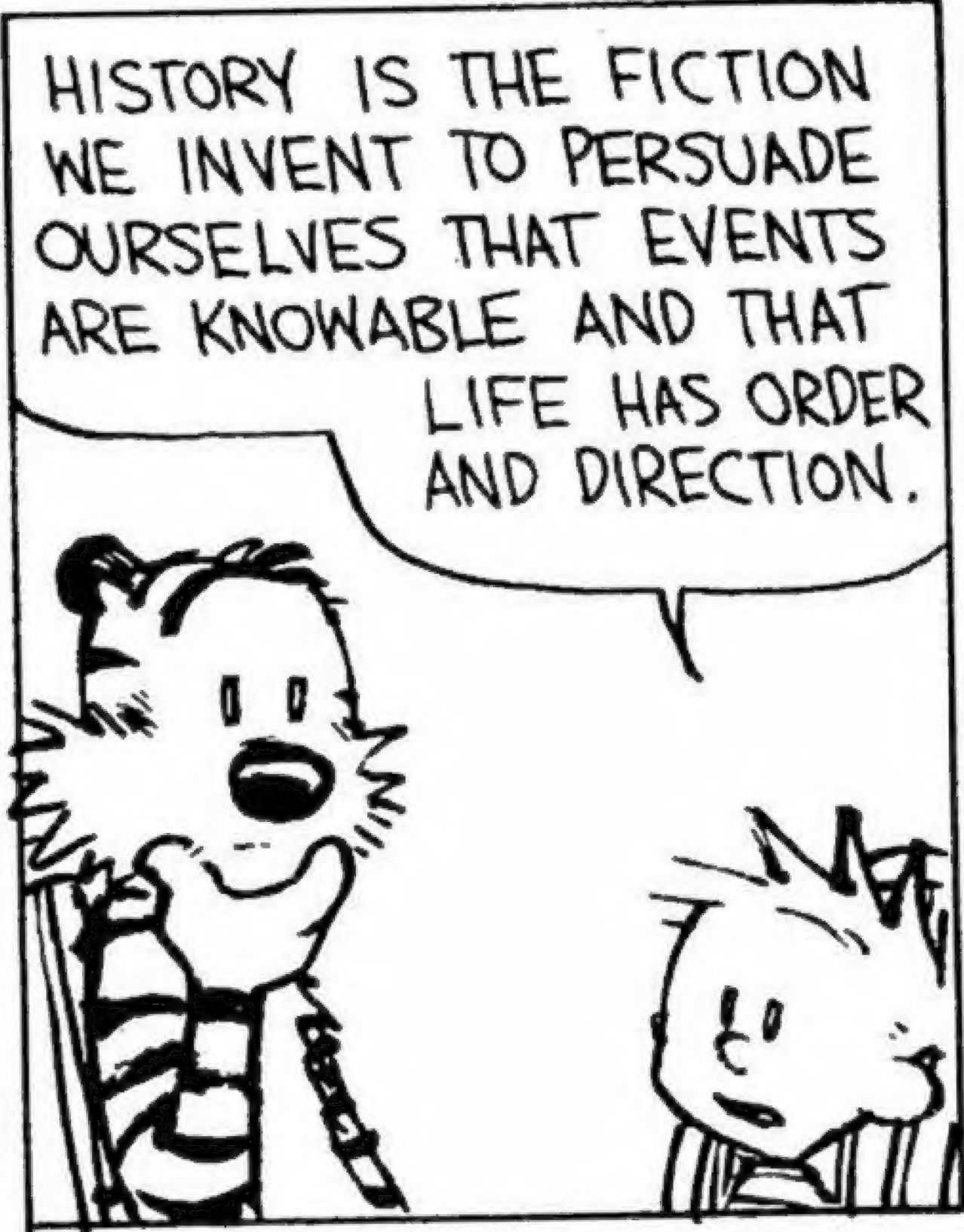
-TRAVIS POPE, THE BACHELORETTE

**gatewayarts&culture**  
Your Gateway to terrible pick up lines.

online at THEGATEWAYONLINE.CA/ARTS



# Diversions.



**Faithfully distracting you from important things since 1908 or something.**

online at [thegatewayonline.ca/comics](http://thegatewayonline.ca/comics)

gatewaycomics

# Gatewaygram



**HEY GORGEOUS!**  
TAG YOUR INSTAGRAM SHOTS WITH  
**#gtwygram**  
**TO BE PRINTED IN THE PAPER**

GTWY CA    f THE GATEWAY    t THE GATEWAY    o THE GATEWAY    @ GATEWAYONLINE



CASA CONCERN A national student group recently released a report detailing mental illness in Canada.

SUPPLIED

## Mental health a concern for CASA

**Abdo Elnakouri**  
THE FULCRUM ■ UNIVERSITY OF OTTAWA

OTTAWA (CUP) — Prompted by the prevalence of mental health-related issues on campuses, the Canadian Alliance of Student Associations (CASA) released a new report detailing the role of the federal government in treating young adults with mental illnesses.

Consisting of 22 students associations across Canada, the organization is calling for the further destigmatization of mental illnesses on campuses and an increase in funding for treatment and research opportunities.

Executive Director Jonathan Champagne said the government is working alongside CASA to establish a better mental health support system for students.

But he said a lack of relevant data impedes the process. Champagne did note that collecting information on mental health is difficult and costly, but the current available data is “woefully, not enough.”

“What we are calling for is better

information, better data. How prevalent of a problem is this on campuses?” he said. “When you have good data you are able to then see what are some more of the root causes, where these problems come from, and how do we address them.”

Nicole Desnoyers, vice-president of services and communications at the Student Federation of the University of Ottawa, said the report is “incredibly relevant,” but the university system itself is a big part of the problem.

“University campuses in and of themselves have inherent structures that will for the most part negatively impact students’ mental health,” she said. “The way courses are taught, the way that students are tested, the way that exam periods are run, the way financial aid works, the way students go into debt. All of these processes do impact mental health.”

Students who do seek professional mental health care find the process arduous, she said.

“I think the biggest issue I can point to as someone who has that

broad view as a student leader is the bureaucratic red tape that students are forced to go through to get any form of accommodations or support on this campus,” she said.

In 2011, U of O students claimed a combined total of \$119,049 for antidepressant prescriptions. The drugs were reported to be the second most frequently used on campus, behind contraceptives.

The Student Academic Success Service (SASS) provides counselling and other support services to U of O students. SASS director Murray Sang said that 60 per cent of their resources are now geared toward students with mental health issues.

“What’s frustrating for us, being on the front line, is that students will come and finally they’ll get the courage to discuss this particular problem and get some help. But then you get put into the system and the system has long wait times,” he said.

“You can work while you have a knee problem, but if you have mental health issues, it’s very hard to continue.”

## The Phoenix removed from campus

**David Nixon**  
THE PHOENIX ■ UBC OKANAGAN

KELOWNA (CUP) — The University of British Columbia Okanagan’s 25-year-old campus newspaper is being removed from campus.

*The Phoenix* had to reallocate office space and cut staff for the coming academic year. The student newspaper will publish two less issues per year and set a 24-page limit to stay on budget.

The move is part of the University of British Columbia Students’ Union Okanagan’s (UBCSUO) re-allocation of space in the university centre (UNC), which will see resource centres merged and new businesses added.

The UBCSUO is self-imposing a space audit. To prepare for it, all the spaces used in the UNC are being reviewed. UBCSUO president Rocky Kim said the paper has historically been a financial drain, running yearly deficits that eat up additional UBCSUO funds. Kim said the Students’ Union has to “maximize opportunity” with what they have, and having *The Phoenix* there is not the best utilization of space.

“Our main concern was we’ve set aside ‘x’ number of dollars that students agreed to through a referendum to pay for media on campus ... but what’s happened (is) *The Phoenix* has been running deficits,” Kim said. “So not only are they getting that money, but they’re dipping into SU funds and we’re carrying that liability.”

Kim said *The Phoenix* was approximately \$16,000 over budget as of June, which included uncollected

advertising revenue. By the end of July, the sum dropped to \$10,000.

“We’re negotiating a way to deal with that now in a way that doesn’t hamstring us financially,” Alex Eastman, who was recently hired by *The Phoenix* as their first full-time non-student staff member, said. Eastman also served as the paper’s managing editor in 2013–14.

He noted the publication was not alerted of issues until mid-July, though Kim said the discussions to remove *The Phoenix* had been going on for five months. Eastman said the paper had an onus to recognize these financial problems earlier on as well. Because they are part of the union, the UBCSUO runs all of *The Phoenix*’s financials out of their accounting office.

“We’ve been working directly with Bob (Drunkemolle), the general manager, and we’re having this consultation more as a business than a student club or association,” Eastman said.

Part of the reasoning he was given by the UBCSUO was that the students’ union wanted to charge more rent for the space. If *The Phoenix* paid commercial prices, the paper wouldn’t have been able to afford it. *The Phoenix* was expected to pay \$8,000 per year for their office space, while the UBCSUO will be charging Koi Sushi and a brand new Taco Del Mar outlet \$70,000 per year.

Eastman will now run *The Phoenix* out of his apartment while trying to book as much space on campus as possible on an ongoing basis for meetings. Eastman is now doing his full-time job at the paper

pro bono while receiving \$300 per month as a rent contribution.

Another complication for *The Phoenix* is the media fee collected each year by the UBCSUO. The total amount — over \$40,000 — has always gone to *The Phoenix*. It is now likely to be divided between the newspaper and the prospective radio club start-up, Heat Radio.

*The Phoenix* ran a referendum in 2014 in an attempt to increase and separate *The Phoenix*’s fee from the media fee, but it failed.

“To put it bluntly, not having an office and having less money ... is a pretty big blow to our operations,” Eastman said. “It will be harder to recruit and maintain contributors, and we won’t have an office for staff to go.”

Eastman said the UBCSUO is assisting in finding a new space on campus, though no details are available as to when or where that may be. Kim said the space relies on Eastman coming back in a couple months with a stronger business plan and budget.

The financial impact on *The Phoenix* is significant. Their budget is expected to drop 27 per cent, from \$58,000 from \$81,000.

They have cut seven paid staff positions, combined other positions, and have switched some pay models for more volunteer-focused or contractual-focused positions.

“Last year we took so many steps forward with the paper,” Eastman said, he hopes the paper’s financial situation will come second to its quality.

“At our national conference, we were considered a rising star.”



# Opinion

**Opinion Editor**

Shandi Shiach

**Email**

opinion@gateway.ualberta.ca

**Phone**

780.492.6661

**Twitter**

@Shandilliahosen

**Volunteer**

Something to contribute? I'm here to help. Email me.

**EDITORIAL COMMENT**

## Safe public drinking is possible — it's time to revisit liquor laws

EDMONTON'S 2014 HERITAGE FESTIVAL WAS FULL OF DELICIOUS food from dozens of nations. But while I was eating a plate of Malaysian curry, I couldn't help but yearn for a nice, cold, refreshing Bud Light to cleanse my palate. Unfortunately, this is Alberta: a province with a hands-off conservative government that hypocritically insists on enforcing a nanny state when it comes to alcohol.

As of 2011, about 80 per cent of Albertans drink alcohol. It's a big part of our culture, but it wasn't always that way. Alcohol was prohibited for eight years from 1916 until 1924. Alcohol distribution remained in the hands of government until various conservative governments slowly loosened restrictions to get to where we are today. We've taken some small steps forward by becoming the only province to privatize the sale of liquor and we're lucky we don't have to deal with the same monopoly as Ontario does with their liquor control board. Alberta's legal drinking age is also 18, a year earlier than most other provinces and territories. It's also lower than the usual U.S. age of 21. But we still have some catching up to do.

Drinking in public areas is the biggest area that needs change. It's common to see a beer tent at festivals, including Folk Fest and the Fringe. Festival-goers are forced to sit away from the festivities in a fenced-off area like a bunch of criminals to consume their \$8 can of Coors. There wasn't even a beer tent at Heritage Festival. Imagine if each pavilion could also offer their country's beverage of choice. Families could enjoy a glass of wine if they go for a picnic, as they do in Quebec.

Many states and European countries, and Quebec, allow alcohol to be sold in convenience stores. Their kids aren't any more corrupted than ours. Disneyland's California Adventure park lets adults drink anywhere in the park, as does SeaWorld San Diego. Having kids grow up seeing alcohol sold to grannies in the grocery store would certainly help reduce the rebellious image around it. Right now, it's something grown-ups do, and so it's something they'll try to get and drink illicitly. Maybe we could start letting 16 year olds drink wine and beer like they can in many European countries. It might sound terrifying now, but we let them bear the responsibility of driving cars at 110 kilometres per hour.

The Alberta government temporarily allowed bars to serve alcohol early for the Olympic hockey finals and again for the Calgary Stampede. Early is fine, but there are a lot of reasons to keep them open late, too. For one, I had a beer at 5 a.m. and it was disgusting. Also, unleashing a horde of drunks onto Whyte Ave at 2 a.m. is asking for trouble. But most importantly, if people are still buying alcohol at 2 a.m., for god's sake let them. Maybe they just got off their shift at one or maybe they would just go home and drink anyway. In either case, the business makes more money and so the government makes more in taxes. Let's let the market decide when it's appropriate to close a business for the night.

Thanks to Justin Trudeau's policies, marijuana is set to become a federal election issue. About 43 per cent of Albertans have used cannabis in some form and only nine per cent use it regularly. That's millions of Albertans, yet it's a fraction of alcohol users. Why then, are more people not asking for a re-examination of liquor laws that affect far more people? Speaking of pot, we need to make sure we don't make the same mistakes twice. If we decide to keep it regulated, we need to ensure that laws are revisited regularly to keep pace with society.

When I visited family in Switzerland a few years ago, there was an April Fool's prank about a new construction project. People could go down to see the plans during the day, where they could also get a complimentary glass of white wine. No anarchy ensued. No children were corrupted by the sight of wine. And no drunk drivers reigned destruction on the city. Instead, people socialized, were responsible, and acted like adults. You know, the people that are allowed to have it in the first place. It's time the Alberta government gets out of its drunken stupor and treats its citizens like the adults we are. It only benefits everyone.

**Kevin Schenk**  
ONLINE EDITOR

**EDITORIAL HAIKU**

## Yeezus just rose again

I love Kanye West  
He makes me feel so alive  
His haters should die

**Kate Black and Cameron Lewis**  
MANAGING EDITOR AND SPORTS EDITOR



JESSICA HONG

## letters to the editor

### Don't turn a blind eye to Hamas terrorism

*This is an excerpt from a letter to the editor written by David Jones. To read the full letter, head to gtwy.ca*

RE: "Turning a blind eye to Palestine perpetuates Israeli violence" by Mim Fatmi, *The Gateway*, Aug. 7, 2014

The Israel-Palestine conflict invokes sharp and passionate responses from everyone — scholars, religious leaders, and politicians and average citizens. But some of these opinions are more nuanced and thoughtful than others. Sadly, many in the West choose to be ever so selective in the facts they relay and the discourse they construct.

A defense of Israel can be hard to find, and to try and discuss the Israeli-Palestinian conflict without making mention of Hamas is to completely ignore a party to it. In doing so, one deliberately misrepresents reality. An opinion piece published in *The Gateway* suggests that "apparently if your ancestors survive a brutal Holocaust that shattered your people, you'll likely become perpetrators of genocide on a nation you've been oppressing for decades." This is perhaps the most egregious statement I have seen on the conflict. To suggest there is some deep-seated, psychological flaw in a specific population that predisposes them to "genocide" is wholly offensive.

**David Jones**  
ARTS V

### FROM THE WEB

#### I'd dig 'New York Jews'

Re: "Native Studies professor weighs in on controversial logos issue," by Cameron Lewis, *The Gateway*, July 3, 2014

I am a person of Jewish descent, and if there were a team called "The New York Jews," I'd be a huge fan.

**Isaac Sobol**  
VIA WEB

#### Symbolism is offensive when it is derogatory

Re: "Native Studies professor weighs in on controversial logos issue," by Cameron Lewis, *The Gateway*, July 3, 2014

I think you miss the point here. Jewish and Jews are not derogatory terms, they are lovely terms that signify your traditional ancestry. If your team were called "The New York (Place offensive racist term referring to Jews here)" and non-Jews were offensively imitating inaccurate stereotypes of Jewish cultural heritage to cheer on the team, you might be offended. Terms such as "Redskins" and "Eskimos" are offensive terms to call indigenous peoples of North America, these terms are the equivalent to the "N word" used for African Americans, they refer to

our people in the stereotypical racist understandings as either ignorant savages or noble savages, and they are misrepresentations of the beauty of indigenous cultures.

**"Angele"**  
VIA WEB

#### Historical and sustainable

Re: "Feminism fad article doesn't stand up to scrutiny," by Kate Black, *The Gateway*, June 6, 2014

The University of Alberta should buy the scrap metal from the old Walterdale Bridge to make rings for the Mechanical Engineers when they obtain their undergraduate degrees.

**Eamon Gambino**  
VIA WEB

*Letters to the editor should be sent to letters@gateway.ualberta.ca (no attachments, please).*

*The Gateway reserves the right to edit letters for length and clarity, and to refuse publication of any letter it deems racist, sexist, libellous, or otherwise hateful in nature. The Gateway also reserves the right to publish letters online.*

*Letters should be no longer than 350 words, and should include the author's name, program, year of study, and student identification number to be considered for publication.*



# Students relish and regret the dying days of summer

Should we prepare for fall term, enjoy some last-minute freedom, contemplate the meaning of life? How about all three?



**SUMMER SETS SOON** Many students seek to enjoy this Edmonton sunshine while it lasts.

CHRISTINA VARVIS



**Opinion Staff**

GROUP COMMENTARY

The coming of the end of summer can put a lot on students' minds.

**Hannah Madsen**

As our summer winds down and the new semester approaches, I find that I'm counting down these last homework-free weekends and wishing that I hadn't worked extra shifts on quite so many of them. The additional money was nice, but being able to lazily wake up on a Saturday morning, think about what has to be done and conclude that there is, in fact, nothing to do — that is worth just about as much as any extra income. It can provide a much-needed break from the monotonous work schedule that slots itself into place immediately after the winter semester finishes.

Now that there are really only three weeks left of summer, I wish

that I'd spent more time doing nothing on those sleepy, warm Saturday mornings, because I know that, once the new semester starts, there won't be any time for that type of carefree relaxation. Even if there aren't any homework assignments, I find that there's always that leftover feeling of a forgotten responsibility, which makes me start awake, sure that there's something I should be doing instead of sleeping.

**Christina Varvis**

First thought on my mind: if you eat or have even thought of eating aspic, I will judge you. Aspic is all types of savory food congealed inside gelatin, looking like all kinds of wrong. I recently found out about it via my sister's crossword puzzle, and I still can't get over how and why people eat it. Things you learn in the freedom of summer.

Random rant aside, I'm still sulking over the fact that I'm not in Greece anymore. It's been three weeks since I've been back, and I still wish I was walking around the old cities of Crete, sipping on

a frappe under the sun, and listening to live music on the beach at five in the morning. Vacation withdrawals suck. On a happier note, I'm looking forward to finally seeing the Arctic Monkeys live at Sonic Boom, visiting Credo's upcoming second location in the new Limelight on 124 Street and spending as much time as possible outside in the beautiful weather before it's gone.

**Shandi Shiach**

What's plaguing my student mind as summer winds down is productivity, but not necessarily in the traditional sense. I'm mostly worried about getting the most out of my last weeks of relative freedom. Even when you work and study all summer, I find it still somehow feels like summer, you know? Less of a slog than the regular semester. So I'm anxious over what I can get done before I'm swamped again.

Productivity can mean binge-playing the latest instalment of your favourite game series, the one you've been putting off for years because you want to really

savour it. I'm kicking myself for not exploring enough of Edmonton, or getting out on my bike more while the weather lasts. So, positive thinking dictates I should fit in a few of those recreational activities in between planning for a successful school year. Sure, I want to look up my course readings and do some advance study, map out my schedules to fit in sleep, school and work, pick up that extra course I've been meaning to for January, but I also need to make sure my relaxation tank is full enough to power me through the pressures to come.

**Holly Detillieux**

Something I always look forward to about returning to school in September is the opportunity to reconnect with friends. Not everyone stays in Edmonton over the summer, so there are always plenty of stories from their summer: where they traveled, the job they got, that festival they went to, etc.

However, the new school year also brings the opportunity to meet new people. It's a great time to make

friends in your classes and attempt to network. This campus is a great place to be social in September, and there are a lot of enriching events. I look forward to joining student groups, grabbing a beer at Deweys and attending Week of Welcome events. Take full advantage of the first few weeks before classes get hectic to be a social butterfly.

**Cameron Lewis**

What am I doing with my life?

With summer coming to a close and school on the horizon, we are pleasantly reminded of the challenge that is upon us. Not the immediate difficulty of the back to school grind, but the overarching one, the big question of what am I doing with my life? It seems every summer motivations can change. Traveling somewhere tells you that you don't want to live in Alberta, or a bad internship tells you that you don't like your current career path. Your undergrad is a time to find yourself and learn what you like, whether it be through courses, hobbies, traveling, or interning. Your life isn't set in stone, there's always time to change it.



DID YOU KNOW:

THE FIRST BATMAN FILM WAS MADE IN 1964 BY ANDY WARHOL.

Mind-blowing diversions every week in the back pages.

online at THEGATEWAYONLINE.CA/COMICS



# Three better studies than the Jasper casual sex study

How does the unconventional study under taxpayer scrutiny stack up to research on dog butts, Disney’s *Frozen* and fist bumps?



**Hannah Madsen**  
OPINION STAFF

Seven years ago, a research project studying consent and casual sexual relationships received a \$17,500 Social Sciences and Humanities Research Council (SSHRC) grant to go to Jasper and Banff, where a researcher studied subjects in a number of ways that are not exactly promoted within academic circles. A researcher interacted with participants in social environments which were often casual — sometimes conversational partners wouldn’t show up if there was nice weather, or their conversations would be like those between friends, rather than those between a professional academic and a population that she was interacting with. Researchers and participants drank together as a way of facilitating casual conversation. Understandably, there’s been a bit of an outcry regarding the grant and the study’s rather unprofessional methods, so I would like to propose a list of three studies that are better than the Jasper sex study, whether due to the researchers’ methods, the topic of study or the execution of the study itself.

## 1. The Study of Why Dogs Like to Smell Each Other’s Butts:

This, maybe surprisingly, is a real study conducted by researchers at the Monell Chemical Senses Center in Philadelphia to determine what kinds of information dogs are able to collect when they sniff each other’s butts. Aside from the obvious issue of not being able to ask animal subjects about the motivations behind their actions, the topic of the study

is just hilarious (and maybe a bit silly) on its own, even if it does answer an age-old question that each of us probably asked at one point during childhood. The researchers examined anal secretions put out by dogs and wild coyotes to look at how the chemical compounds within the secretions function. While the study did find that there’s a special organ dogs have (called the Jacobson’s Organ), and that’s pretty cool, imagine trying to explain that topic of study to a random person at an academic function.

## 2. Powering Disney’s *Frozen* with a Carnot Refrigerator:

Again, this is a real study (spoiler alert: all of these studies are real), conducted by a researcher at McMaster University. More of a research paper, but still. Published in the *Journal of Interdisciplinary Science Topics*, Aaron Goldberg’s study is on how much energy it would take to freeze Arendelle. It hypothesizes that since Arendelle in the movie *Frozen* is inspired by Nærøfjord (a narrow fjord found in Norway), there must have been an equivalent surface area between the real and imaginary places and therefore sufficient surface ice produced by the character Elsa to cover that surface. This seems like a shaky conclusion, given that Arendelle is a fictional place and therefore doesn’t necessarily have to conform to the laws of physics/space/geography.

He goes on to calculate how much mechanical work would have to be done by the most efficient heat engine that we have today (the Carnot engine) and reverse this calculation in order to calculate the amount of energy needed to derive that much ice through freezing. Through doing this, he concluded in a serious manner that the Snow Queen is super, super powerful. Again, this study is built upon the



SUPPLIED

analysis of a fictional place, which should doom it to spoof-piece status, but it succeeded in actually being published in a real journal — and is not a humorous piece.

## 3. The Fist Bump: A More Hygienic Alternative to the Handshake:

Researchers at the Institute of Biological, Environmental, and Rural Sciences in Wales conducted a study earlier this year to determine whether more germs are transmitted through

a fist bump than a handshake. Unsurprisingly, fist bumps transmit less, because there’s a shorter time that contact is made and the surface area of the contact point is smaller. These conclusions seem a tad obvious, but a search for ridiculous studies will show that there are many, many studies conducted that prove rather obvious conclusions. Nevertheless, now we all know: fist bumps in business meetings, and when coming into contact with new people are clearly

something we all need to get on board with so that we’re sick less often.

All in all, the case of the Jasper sex study, like these other studies, just goes to show that in today’s day and age, you really can study anything, and maybe also shows that there should be both greater transparency and higher screening thresholds when funding is doled out to prospective projects, so that it isn’t used in unprofessional, sloppy ways.

# The precarious link between creativity and mental illness



**JeeSu Suh**  
OPINION WRITER

An ongoing study has hinted a possible silver lining to hereditary mental illness: it may make one more likely to become a creative genius along the same spectrum as Vonnegut, van Gogh or even Einstein. The investigation is believable, seeing as the most original and prolific artists in history have been known as eccentric at best and insane at worst. It makes one wonder whether it’s worth the psychic torment to be considered a revolutionary creative thinker, but the study is less conclusive than it may appear at first glance. It also may romanticize serious mental health conditions.

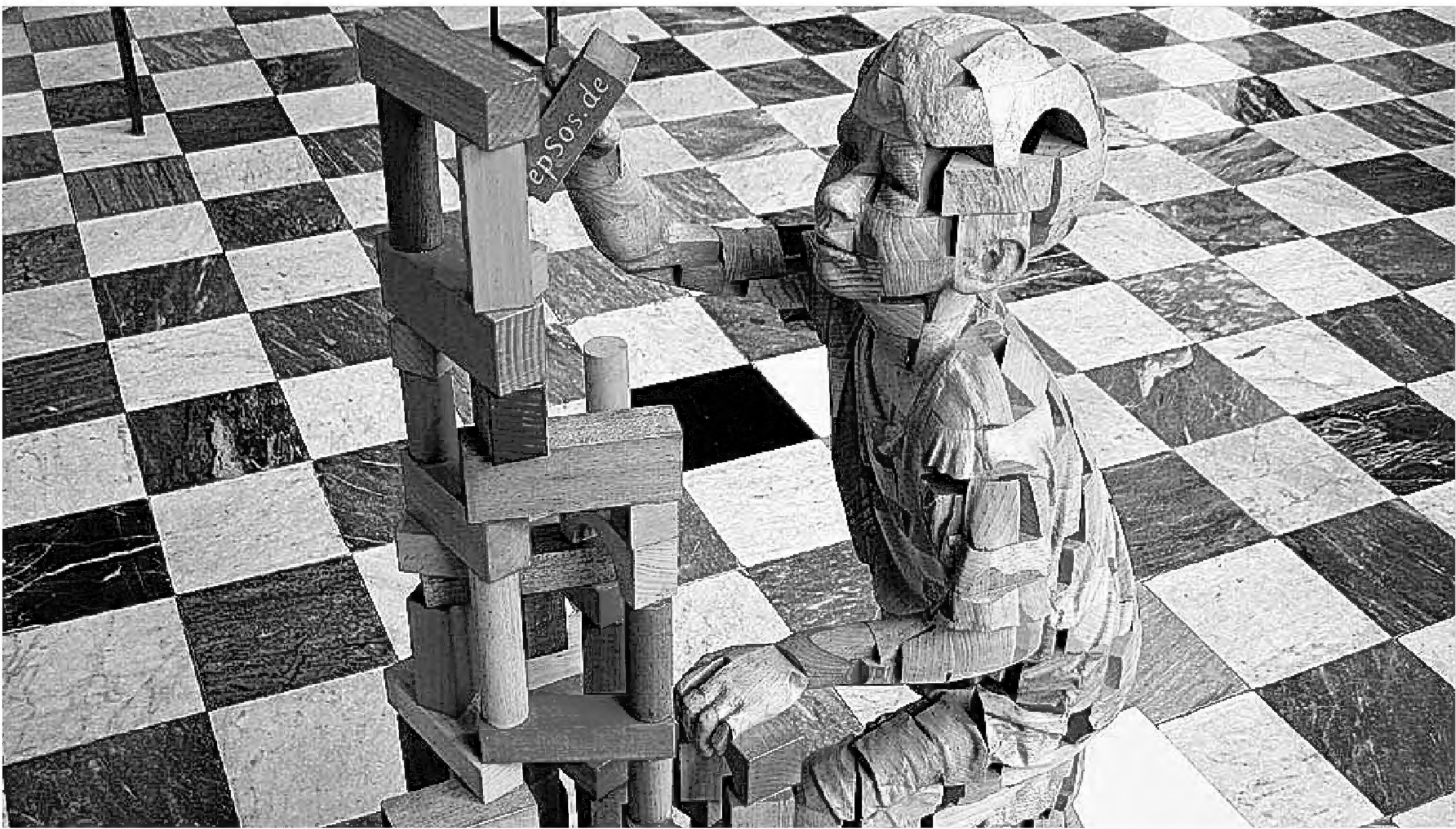
Neuropsychiatrist Nancy Andreasen is leading the study. Andreasen, who has a doctorate in literature, was inspired by the link between mental illness and the nature of creativity in the brains of famous writers and later expanded her study to scientists. Her methods involve neuroimaging and conducting highly personal interviews that reveal the subjects’ family history of mental illness (nature) as

well as the ways in which they were brought up (nurture).

One of her findings is that, compared to the controls, “exceptionally creative” subjects exhibit greater activation across the association cortices in their brains, the areas that process information. It supports the notion that creative people tend to see associations and relationships that others overlook, and these associations are more fluid and prone to change, leading to increased output of novel ideas. The connection with mental illness makes sense — the works of successful but mentally ill artists resonate because they see meaningful, profound connections where the neurotypical person does not, though they also tend to fabricate strange associations where there are none.

Indeed, Andreasen found they exhibited as a group a higher degree of mental illness such as depression, bipolar disorder and schizophrenia; a higher proportion of their family members were also sufferers as compared to those of the control group. It’s also worth noting that diseases like schizophrenia and bipolar disorder are characterized in part by abnormalities in the association cortices.

However, before we all start associating every creative person’s abilities with their mental illness,



SUPPLIED (epSos.de)

there are still a few things to consider. In her interviews with each subject, Andreasen found that most were brought up by their (usually high-achieving) parents to value learning. Seemingly, mental illness is not the sole predictor for exceptional creative abilities and hinges substantially on one’s upbringing.

In addition, the danger of advocating this sort of connection is that it may lead to the (further) romanticization of having a

mental disorder, masking its true nature due to whatever “benefits” may be attributed to it. The truth remains that mental illness is still devastating to one’s psyche and quality of life. Though there may be a moderate correlation between being famously creative and mentally ill, creativity is more a process than a trait; the above seems like an easy way out to characterize and justify people’s creative abilities using their

mental conditions.

The “nurture” aspect of developing and encouraging creative thinking needs more attention. There’s little doubt that the association between creativity and mental illness exists in some capacity, but personally, I would be more interested in a study that investigates the nuts and bolts of whether one can train oneself to become more creative, with greater focus on the “control group.”



The gateway news presents

ANCIENT GATEWAY ARTICLE OF THE WEEK

JANUARY 24, 1950

"Studyin"

Don't be like this little guy. Come take a study break and write for Gateway News.

gateway news

online at THEGATEWAYONLINE.CA/NEWS

# Online reviewers need anonymity



Hannah Madsen  
OPINION STAFF

Whenever a work is produced and released to the public, there is an opportunity for it to receive a response from consumers in the form of praise or criticism. Some people are incapable of taking such criticism, and a struggle between readers and authors, with its roots in reviews, has been brewing among the community of Goodreads, a book-reviewing website, for the last two years.

In more recent news, the dispute between authors and the perceived “bully” readers has permutated: *Vampire Chronicles* author Anne Rice has endorsed a petition to remove the anonymity of users on Amazon.com, forcing them to use verified identities when reviewing published materials. While a petition calling for users to dispense with anonymity at first seems like a reasonable way to stop Internet trolls, it also eliminates readers’ only protection from more powerful authors and their cohorts of associates and fans, and gets rid of the Internet as a place where people can say what they want free from repercussions, and definitely shouldn’t be supported in any way, shape or form.

Over the last couple of years, there have been a number of confrontations between authors and reviewers sparked over negative reviews that authors took personally. Secondary sources online say that Kiera Cass, author of the bestselling young-adult book *The Selection*, published personal information about someone who wrote a one-star review of *The Selection* on Goodreads. Cass allegedly posted details such as the reviewer’s full name, place of residence, family members’ names, place of work, etc., online. As a result, the reviewer received several threatening phone calls and even death threats.

The debate raged about whether negative reviews constituted a form of bullying towards authors, something that was exacerbated somewhat by the ability of readers to post starred reviews of books prior to publishing. That being said, these ahead-of-publication-date reviews

- ★★★★★ Bought used for \$0.01 and works perfectly  
Kanye does it again, as if anyone expected different. Fantastic CD and everything looks and works great. A must have

Published 14 months ago by [REDACTED]
- ★★★★★ His Best Album  
This album is ALMOST a classic. It's more polished than College Dropout and less poppy than Graduation. [Read more](#)

Published on June 28 2011 by [REDACTED]
- ★★★★★ Simply GREAT  
Powerful, funny, spiritual, and makes you want to dance.  
That's pretty much all any CD needs to do for me.  
(no wonder Eminem "retired")

Published on Nov. 14 2005 by [REDACTED]
- ★★★★★ Racial  
That Waltz guy has a point. It gets tiring when people use race as an excuse. However, racism still exists, which is stupid.  
Favourite songs: addiction, heard em say

Published on Nov. 7 2005 by [REDACTED]
- ★★★★★ Absolute pure lyrical, producer GENIUS. JEANIUS LEVEL MUZIK  
Yo, right here is the REALEST HIP HOP OUT THERE. You people that go out and buy 50 Cent DON'T EVEN KNOW REAL HIP HOP. [Read more](#)

Published on Oct. 3 2005 by [REDACTED]

SUPPLIED

feature five-star reviews just as frequently, if not more frequently, than one-star reviews. A website, stopthegrbullies.com, sprang up on behalf of authors who considered themselves bullied, and became a forum for authors to publish personal information of reviewers, which has happened repeatedly.

Moving forward to the Anne Rice petition, these issues of reader vs. author come to a head: the petition argues that Amazon should prevent readers from bullying authors with negative reviews and criticism in forums on the site. It goes on to state that reviewers often create multiple accounts and then post vitriolic feedback, often victimizing innocent self-published authors.

There are a few major flaws in the argument behind the petition. First, the petition ignores the essential power imbalance at the heart of the debate. In the case of the reviewers whose personal information is made public, dispensing with their anonymity just made them targets for rabid fans. If a book is really as good as its author claims, having a few negative reviews won't stop the book from being read — because reviewers who like the genre or are

willing to experiment will always try new material, no matter what the feedback is like.

Additionally, communities like Goodreads and Amazon already have bodies of moderators (and are often policed by the community members themselves) regulating holders of multiple accounts, known as “sock puppet” accounts. Dispensing with the ability of reviewers to choose whether to keep their Internet personas separate from their day-to-day lives or will go on to undermine the feeling of safety that is necessary for online communities to flourish. Much like Couchsurfing or Facebook, where users’ identities are proven through interactions with friends and activity on the site, Goodreads members and Amazon reviewers can gain greater credibility through higher levels of activity or verifying their account (in the case of Goodreads, prominent reviewers often have well-established blogs). This verification or cultivation is their choice to make, though, and it shouldn't be a requirement that everyone use their real name when they're stating an opinion in an online forum.

#3LF

three lines free

Got something that you need to get off your mind? Either email us at [threelinesfree@gateway.ualberta.ca](mailto:threelinesfree@gateway.ualberta.ca), tweet @threelinesfree, or message us at [www.thegatewayonline.ca/3LF](http://www.thegatewayonline.ca/3LF)

"If you're still worried, you can always do the tissue test before you start: go to the washroom, get some toilet paper, put it on your finger and shove it up your ass as far as you can." LOOOOOOOOOOLLLLLL Pretty sure the tissue test isn't a real thing. Maybe lube your finger first? I had a budgie but it died. Whooooaaao. I like pieeeeeeeeeeee. I love the way that you shine. I want you shining with me. We were made for this. There's always money in the banana stand. I think I just saw Dr. Avi Wallerstein. Vegetables grow in dirt, mushrooms grow in shit... what's your point? Tainted orifice Flaming hair from ginger pubis Enormous collection of pubis. In Econ 101 with Gordon Lee, for the entire second half of the semester I sat beside the most beautiful man.

... I had finally worked up the courage to talk to him. ... I got nervous, turned quickly ripped up my note and once again kicked myself. WHY DO I CONSISTENTLY DO THIS TO MYSELF. To him, I wish I had a do over and to everyone else: How do you overcome this fear of rejection? Can I legally tweet your 3LF submission without referencing you? Moral grey area maybe? I don't want to brag but.... I have a really nice bum. Found him under the bridge. Hey professor, you splitting the exam between readings and lectures. Thats great. Literally doing the first 40 lecture, and the last 30 readings? Less great. Numbering them 1-40? Great. Numbering them 1-30 after having already done 40? YOU SUCK SO MUCH! QUESTION 53 should NOT

SAY question 13 ON OUR TEXT BOOKLETS! A trio of ratchet blonde girls in ED 4Floor... Please reopen the blinds you closed on the windows and return the potted plant you dragged to the other side of your table... Also, turn off your wannabe rap music. fuck shit damn granola bars make me feel alive I need to go back to school. The real world is filled with too much stupidity When she stopped texting back, it was as if the three-week trial period expired and all but one free sample got lost in the mail. FBWaTe Thanks for sharing, this is a fantastic post. Much thanks again. Want more. The Gateway reserves the right to edit any submissions, as well as reject refuse publication of submissions it deems racist, sexist, hateful, libellous or overtly offensive.



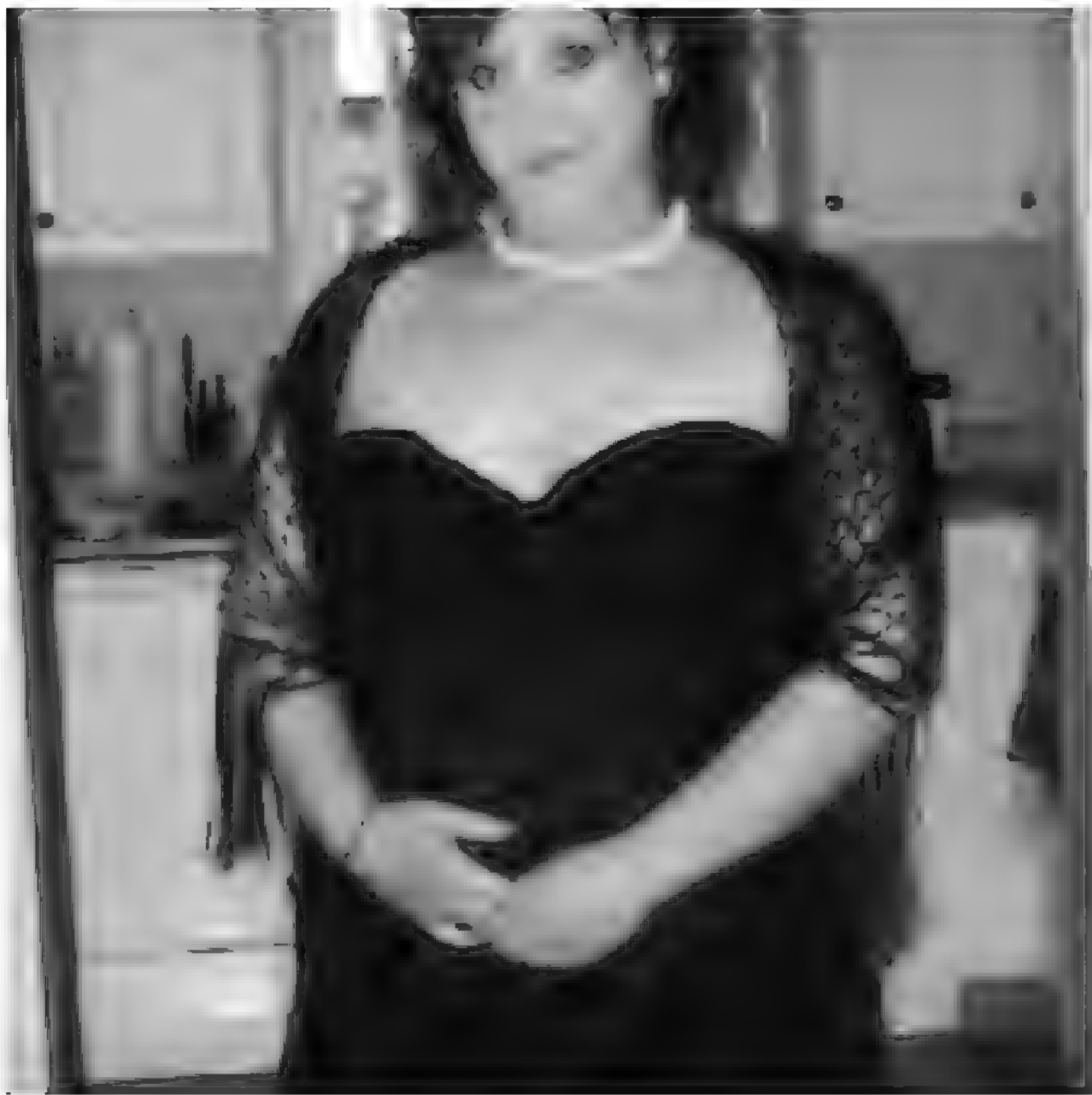


## **Question of the week: Do you prefer dogs or cats?**

Tell us your thoughts! We'd love to hear from you.  
Check us out in 3-04 SUB.

online at [THEGATEWAYONLINE.CA](http://THEGATEWAYONLINE.CA)



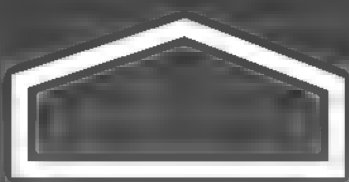


# EAT  
CLEAN

# TRAIN  
DIRTY



# f i t  
g l a m





# #fitspo: *how social media shapes fitness culture*

#Written by Andrea Ross

#Layout by Jessica Hong

#Photos supplied by Bree Leschert, Instagram

**T**he girl in the before and after photo is beautiful — both before and after her drastic 130 pound weight loss.

In her “after” photo posted on Facebook, 23-year-old Bree Leschert is wrapped in a plunging black dress. Her strong shoulders and arms taper into a slim waist and her muscular legs stand on top of towering heels. Arms crossed, the larger girl in the “before” photo also wears a black dress but lacks the beaming smile of the girl to her right. It’s hard to believe both photos are of the same girl. Almost 150 people have ‘liked’ the photo since it was posted in March.

Leschert is half the size she used to be, but her boosted confidence is immeasurable. Hard work ultimately led to her dramatic weight loss, but she credits social media with helping her along the way.

At her heaviest, she was 16 years old, 5’4” and 260 pounds. Growing up in a family with weight problems, living a healthy lifestyle wasn’t something she was familiar with nor was it something she knew how to do. But she didn’t like how she looked, and knew she had to change.

“All of a sudden you get that light switch that goes on and you decide either you’re going to change it or you’re going to accept it,” she says. “Being the type of person I am, I was like, ‘you know what, this is something I want to change.’”

Leschert began documenting her weight loss journey through social media, using platforms like Instagram and Facebook to show off her progress and hold herself accountable. It’s been a mostly positive experience, she says. Many of her friends and family have ‘liked’ her photo updates and complimented her on her progress, but not everyone has been so encouraging.

She was “horried” after posting her before and after photo, scared of how hundreds of friends might react. A girl from high school messaged her, saying her legs looked terrible. Another male user on Instagram commented on one of her photos, saying she should hit the squat rack and cut down on the cheeseburgers.

Posting her progress photos to a public platform made her vulnerable and open to criticism, something that can be tough to handle when you’re in the midst of a major lifestyle change.

But she wasn’t documenting her weight loss journey on social media only for self-validation, she says.

“I would like to think it’s more inspirational than anything else, but I guess there would be the crowd that would look at it ... like you’re rubbing it in their

face,” she says. “Not only are you doing it for yourself, but there are so many other people either rooting for you or wanting you to fail.”

Social media’s role in fitness culture has changed the way we talk about fitness, University of Alberta public health professor Tim Caulfield says. With 200 million active monthly users and 20 billion photos shared in total on Instagram alone, chances are we’ve all gotten more than a glimpse of the #fitfam trend. A barrage of posts of super fit women and buff men on Instagram, Facebook, Twitter and Pinterest can not only motivate us to participate in fitness trends and pursue a healthier lifestyle but can also discourage us by focusing on an often unattainable ideal, Caulfield says.

Comparing ourselves to others is an automatic human trait, he says. For better or for worse, social media allows us to do this faster and on a broader scale.

“We’re all in some kind of never-ending beauty contest, and social media has intensified that,” Caulfield says, and the men aren’t excluded from the phenomenon either.

■ **“I would like to think it’s more inspirational than anything else...”**

BREE LESCHERT

If the pursuit of fitness is only for those sexy abs and perky glutes, the results might not last as long as those pursuing a slow and steady healthy lifestyle. The before and after photos don’t show the painstaking work that lands that dream body. But having an audience to show off to a little bit while striving towards your goals can actually keep you on track, Caulfield says.

“There is the suggestion that once you verbalize your goals, you’re more likely to do them, you’re making a public declaration about what you’re going to do,” he says. “(But) when people work out for extrinsic reasons, the motivation is more likely to wane. It’s gotta be about lifestyle or people aren’t going to sustain it.”

Leschert says social media offers a platform for people interested in health and fitness to communicate and network on a large scale, because it can be tough to discuss similar fitness goals and interests with family and friends.

“I feel like the (Instagram) followers have the same interests as you, whereas on Facebook people are like ‘I’d never post a fitness status,’” Leschert says. “It’s almost a negative thing, I feel, when I post it on Facebook. There are people on my Facebook I would never follow on Instagram.”

Caulfield says it doesn’t hurt to have an online fitness figure to look up to. Being part of a “fitness commu-

nity,” whether in person or online, can inspire people to make healthier choices, he says.

“Some studies have shown that social media ... makes people feel closer to whoever is sending the message,” Caulfield says. “Whether it’s Instagram or Twitter, a celebrity or just some kind of fitness guru, it increases the sense that you’re having an interaction with whoever the messenger is. That kind of heightens the impact of the message.”

Instagram celebrity Kayla Itsines openly advocates a healthy lifestyle that goes beyond the physical results achieved through her Bikini Body Guide, a \$60 ebook of rigorous circuit training she sells on her website. She’s become famous for posting before and after photos of her clients, who seemingly melt away the pounds during her 12-week program. She incorporates photos and videos of herself into her Instagram feed, demonstrating the exercises she regularly does to achieve her slender physique to her 1.1 million followers.

Despite having what could be considered a “perfect” physique, comments on her daily posts include both praise and criticism. One user recently wrote “Thank you for being such an encourager and friend to women and girls all over the world. You are such an inspiration.” Another user said “your legs look like toothpicks.” Itsines declined to comment for this story.

Leschert says she follows Instagram accounts like these for the fitness and nutrition inspiration. The feedback she gets from posting her own fitness and nutrition updates to Facebook and Instagram keep her focused on her end goal, she says.

But it’s not always easy for Leschert to see herself as the fit woman she has become. Seeing photos of other fit girls online, she can’t help but compare herself now and then.

“Having been obese, looking at pictures of smaller girls, you either get really motivated or you get set back with ‘how could I ever look like that?’” She says.

She was training for a fitness competition this past year and pulled out at the last minute because she didn’t feel ready. In hindsight, she regrets the decision. She’s training for another competition next May, where she fully expects to hold her own alongside some of the girls whose progress she has followed online.

Until then, she’ll keep posting her progress along the way.

“You can kind of get addicted to it,” she says, “(but) I definitely think social media is good for fitness.”



# Arts & Culture

**A & C Editor**  
Kieran Chrysler

**Phone**  
780.492.6661

**Email**  
entertainment@gateway.ualberta.ca

**Twitter**  
@chryslerrr

**Volunteer**  
Email me, friends!

## social intercourse

COMPILED BY **Kate Black**

### 33rd Edmonton Fringe Festival

Until Sunday, August 24  
See tickets.fringetheatre.ca for venue information

Don't feel bad about yourself if you haven't been to the Fringe yet. But you should probably reconsider your life choices and try your darndest to make it out to Edmonton's sauciest theatre festival this year because you're seriously missing out. 210 plays are taking over the Strathcona area for the next week, in addition to the throngs upon throngs of food trucks, craft vendors and beer — in the beer gardens, of course. Beware, though: all of the shows are unjuried and unregulated by festival producers, so be prepared to see the good, bad and ugly of the strange-but-charming world of fringe theatre.

### Obvious Child

Until Wednesday, August 27  
Metro Cinema (8712 109 St. NW)  
Directed by Gillian Robespierre  
Starring Jenny Slate, Jack Lacy and Gaby Hoffman.  
\$8 for students

At last: a movie that features an abortion that doesn't crumple a woman's life (*Fast Times at Ridgemont High*, anyone?). *Saturday Night Live* ex-pat Jenny Slate stars as aspiring comedian Donna, who is working on finding herself, with some bumps along the way — one of them being an abortion on Valentine's Day. It seems like a twenty-something coming-of-age, self-deprecating romp similar to the *Girls* variety, and critics are eating it up (it's currently rocking an 87% on Rotten Tomatoes). So, whether Hannah-Horvath humour is your jam or not, I think we can all agree that it's cool how *Obvious Child* is finally and honestly portraying a woman's experience that's far more common than what's depicted on the big screen.

### Sonic Boom

Friday, August 29 - Sunday, August 31  
Northlands Park (Borden Park Rd NW)  
Starting at 52.90 at ticketmaster.ca

Sonic Boom's lineup has left quite a bit to be desired since its earlier couple of years. This month, though, the festival's back in action with arguably one of their best schedules to date. New Pornographers, Arctic Monkeys and Jack White are just some of the artists set to grace the asphalt paradise of Northlands Park in the last weekend before school. Yeah, there are a couple of downfalls — there's only a limited number of single-day passes so you may have to spring for a full weekend pass, an overabundance of teens in the crowd, etc. — but let's be real, if you like alt rock and live in Edmonton, this is about as good as it's going to get.

### Symphony in the City

Friday August 29 - Sunday, August 31 at 8 p.m.  
Friday and Saturday performances at Churchill Square (100 St. and 102a Ave NW; Sunday performance at Kinsmen Park (9100 Walterdale Hill NW)  
Free admission

Before partying away your hard-earned summer cash and dignity, get classy at the Edmonton Symphony Orchestra's Symphony in the Sky. The first two nights at Churchill Square will feature classic Disney scores (*Beauty and the Beast*, *The Little Mermaid*, et al) alongside big screens projecting super-nostalgic clips. The last night's performance, titled "Celtic Colours with the McDades" will cap off the weekend, all with the lit-up High Level Bridge and glowing Edmonton skyline in the background.



SUPPLIED

## Remembering the great Robin Williams

While tragic, the death of the comedic icon has brought mental illness into wider media discussion



**Michael Vecchio**  
A&C WRITER

If you look at the list of the all-time greatest comics, it's easy to find a long and varied collection of names ranging from the pioneering Abbott and Costello to contemporary greats like George Carlin and Richard Pryor. While the names may vary from person to person, one name that would undoubtedly be present on everyone's list would be that of Robin Williams.

**▪ If there is anything to be gained by this terrible incident, perhaps it is an increased spotlight on the on the illness that is depression.**

An immensely talented clown whose energetic and manic performances could bring anyone to laughs, what distinguished him from his other comic peers was his amazing versatility. His ability to draw smiles was never in question, but he proved on numerous occasions he could put on the mantle of drama and everyday humanity and embody stirring, emotional and sometimes creepy

characters. Robin Williams wasn't simply a comedian or dramatic actor. He was an entertainer in every sense of the word, and it is precisely because of his uniqueness that we find ourselves in profound sorrow to learn of the death of a person who brought the world so much cheer. It is most distressing to think that a man renowned for his joyousness could at the end be consumed by thoughts of the darkest nature; thoughts he could not escape thoughts that led him to tragically take his own life. How is it possible that a person who could bring laughter to everyone could not bring it to himself? While we may never have an answer, the need to understand and treat the crippling disease known as depression has never been more relevant.

In a career that spanned nearly 40 years, Robin Williams managed to do one thing consistently until the end — simply, to entertain. After being trained at Julliard, he began as a stand-up comedian. Following his breakthrough role in the early '80s sitcom *Mork & Mindy*, he impressed all with his boundless enthusiasm, energy and genuine joie de vivre in each of his roles. Whether it was his turn as an irreverent army DJ in *Good Morning Vietnam*, an actor masquerading as a Scottish maid in *Mrs. Doubtfire*, or the voice of the shape-shifting, joke-cracking Genie in *Aladdin* (a role for which he improvised most of his lines). Williams never ceased to amaze audiences with his never-ending exuberance.

But his roles didn't end with comedy. Indeed some of his most acclaimed roles were dramatic ones. From an inspiring teacher

in *Dead Poets Society* to a solitary photo technician obsessed with a loving family in *One Hour Photo*, he displayed a great versatility in portraying a bevy of different characters. When he won an Academy Award in 1998 for his performance in *Good Will Hunting* he solidified his place as not only an actor of great comedic ability, but as a well-rounded performer comfortable in numerous characterizations.

And so now the world is mourning and in shock. If there is anything to be gained by this terrible incident, perhaps it is an increased spotlight on the illness that is depression. It is necessary to recognize that the illness is more than just a feeling of "being sad," but a potentially disastrous malady, and that there is hope for those who feel there is no way out, like counselling to hotlines and other services. Why Robin Williams, a man whose public appearance was widely celebrated but whose private life was clearly troubled, was depressed and felt trapped we may never know; we can only hope to recognize and treat it in others.

While it ended in tears his life was a joyride from the beginning. Each of us has a favorite role of his, and can remember a time when he brought us laughter, tears and admiration. Unfortunately as his closing act we are left with sorrow and a void, but after the shock resolves the performances will remain ready to entertain and bring a smile to our faces any time. This is perhaps the greatest legacy of the modern-day genius known as Robin Williams.



SUPPLIED



SUPPLIED





SUPPLIED

## FILM REVIEW

### Boyhood

WHEN > Now Playing

WHERE > Princess Theatre (10337 Whytew Ave)

WRITTEN BY > Richard Linklater

DIRECTED BY > Richard Linklater

STARRING > Ellar Coltrane, Patricia Arquette and Ethan Hawke

HOW MUCH > \$8 for students

**Shannon Kovalsky**

MULTIMEDIA EDITOR • @SKOVVY

When you hear a movie took more than 12 years to complete, your initial impression might be that something was disastrously mishandled, someone was exceptionally misguided, or generally, something very wrong happened. *Boyhood* took director Richard Linklater more than 12 years to finish, but that was his plan all along. Beginning in 2002 and ending in 2013, Linklater shot 10–15 minute short films each depicting a year in the life of the film's subject, Mason, beginning when he was six years old.

Opening with Coldplay's iconic

"Yellow," viewers may be quick to judge that Linklater is firing up the big guns (nostalgia) to blast our simpering faces into sniveling, thoughtful messes. Whether it was done intentionally or not, it's impossible not to be hit with bittersweet waves of wistful reflection while watching Mason and his older sister Sam at a *Harry Potter* book release party. Universal events like popular songs and books are balanced with personal segments focused on changes in Mason and his family's life. People come in and out of their life and new friends turn into old ones. Linklater doesn't give some moments more importance than others. Instead, it feels like we're watching a family naturally grow over time.

Although the movie is titled *Boyhood*, that might not do justice to what Linklater has accomplished. He's created a moving portrait of a family in a time capsule. Ellar Coltrane (Mason) and Lorelei Linklater (Sam) grow from little kids to young adults in the two hour and 45-minute running time of the film, but even when passing time isn't as evident on their faces, Linklater's characters are

influenced and changed by their experiences. Ethan Hawke and Patricia Arquette, who play Mason and Sam's parents, are given as much room to evolve and grow as their onscreen children, although their growing up is more subtle. We see them struggle to grow and figure out life the same way their kids do.

An obvious problem some people might have with *Boyhood* is the running time. At two hours and 45 minutes, it's getting into classic epic film territory where if the subject matter were different they'd throw in an intermission with brash music to wake everyone up and go to the bathroom. If time isn't an issue for you, you'll be more likely to take something away from the experience after the credits roll.

This is our chance, fellow average people, to see something like ourselves growing up on a big screen. Linklater's reverence to his subject matter is apparent and that reflects well on all of us. Sometimes it's slow. It's not always happy. There isn't exactly a "plot," but if you want to see a film that serves to mirror our ordinary lives, *Boyhood* is the closest that we can get.

## fashion streeters

COMPILED & PHOTOGRAPHED BY Christina Varvis



**WAF GAIECH**  
ENGLISH I

GATEWAY: > Describe what you're wearing.

WAF: > A blue t-shirt with short sleeves, a white crochet [cardigan], white and blue patterned pants and sneakers. All of these are from Forever 21, and my purse is from Tommy Hilfiger.

GATEWAY: > If you could go shopping with one style icon, who would it be?

WAF: > I think Victoria Beckham. She's so fashionable and she knows how to choose her clothes, like if she wants to go out in a casual way...she dresses casually but still, she's a fashionista. And when she wants to go out to a party, she rocks.



Check out [thegatewayonline.ca/fashionstreeters](http://thegatewayonline.ca/fashionstreeters) for more photos.

## datapp

WRITTEN BY Dylan Hanwell



### Kim Kardashian: Hollywood

COST > Free

PLATFORM > iPhone, Android

Put down your *Cosmo* magazine and pause that ABBA tape — there's a new guilty pleasure to take over your life. From swimsuit photo shoots in Punta Mita to endorsement deals and appearances at Las Vegas nightclubs, the *Kim Kardashian: Hollywood* game has everything an aspiring smartphone A-lister could want.

Your character is an aspiring model on the E-list in Los Angeles and the object of the game is to gain enough fans to make the A-list — the more public appearances made, the more fans earned. When you

model or make appearances you use up energy, which is replenished every five minutes. The more energy you use, the better you will do in tasks, and you will be rewarded with more fans.

The game's primary appeal may come from the fact that your character in the game can accomplish what you only dream of: meeting Kim Kardashian, becoming an A-list celebrity and flying from LA to New York for \$35. The only downside? You don't get to meet Kanye.

Though the download is free, you can spend real money in the game to gain more fans and

buy your character new clothes. Some have predicted that revenue from the game may run as high as \$200 million.

This game has expanded the Kardashian name even more, and taken millions of dollars and hours of life from the people that play it. If you haven't downloaded it, try it out. Your self-loathing may increase exponentially, but that doesn't mean much when you're at the top of the A-list.

*Dat app is a regular Arts & Culture feature that highlights and showcases the best apps available.*



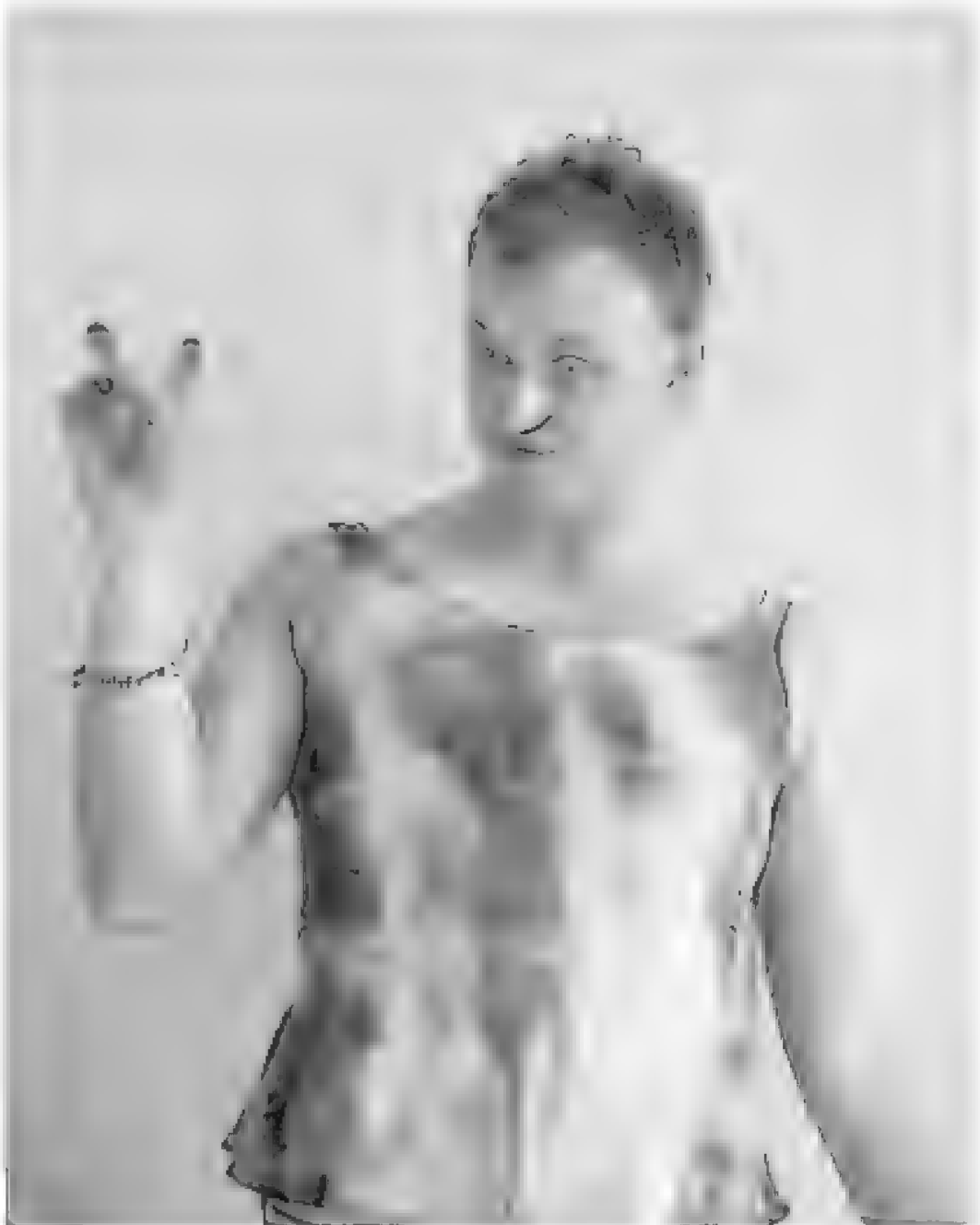




The back pages  
are more fun.

gateway  
comics

online at THEGATEWAYONLINE.CA/COMICS



CHRISTINA VAARVIS

# Doin' You: Quick and easy tie dye

Channel your inner hippie that you found this summer in a tent at a music festival

Taylor Evans  
ARTS & CULTURE STAFF • @TAYLOREVANSDIY

The majority of summer music festivals have come to a close, but you can keep your inner hippie childhood/summer camp self alive with an easy day of tie-dye craft making. Start off with an old white shirt, and eventually move your way up to a hemp skirt.

- You'll need:**
- Old, white t-shirt
  - Different coloured clothing dyes (no, food colouring is not the same thing)
  - Old water bottles for each colour of dye
  - Elastic bands
  - Knife or scissors

**Step 1:** First, you must prep before your artistic bliss and organize your dyes. Put each solution in a different bottle and shake to make

sure they're properly mixed. Then puncture a small hole in the lid of the water bottle with a knife, or a pair of scissors to make the application process easier.

**Step 2:** Take your shirt and immerse it into warm water. It's important to have your article of clothing wet so that when you apply your dyes you see how the solution will spill when you eventually wash it. (Tip: Don't wash it).

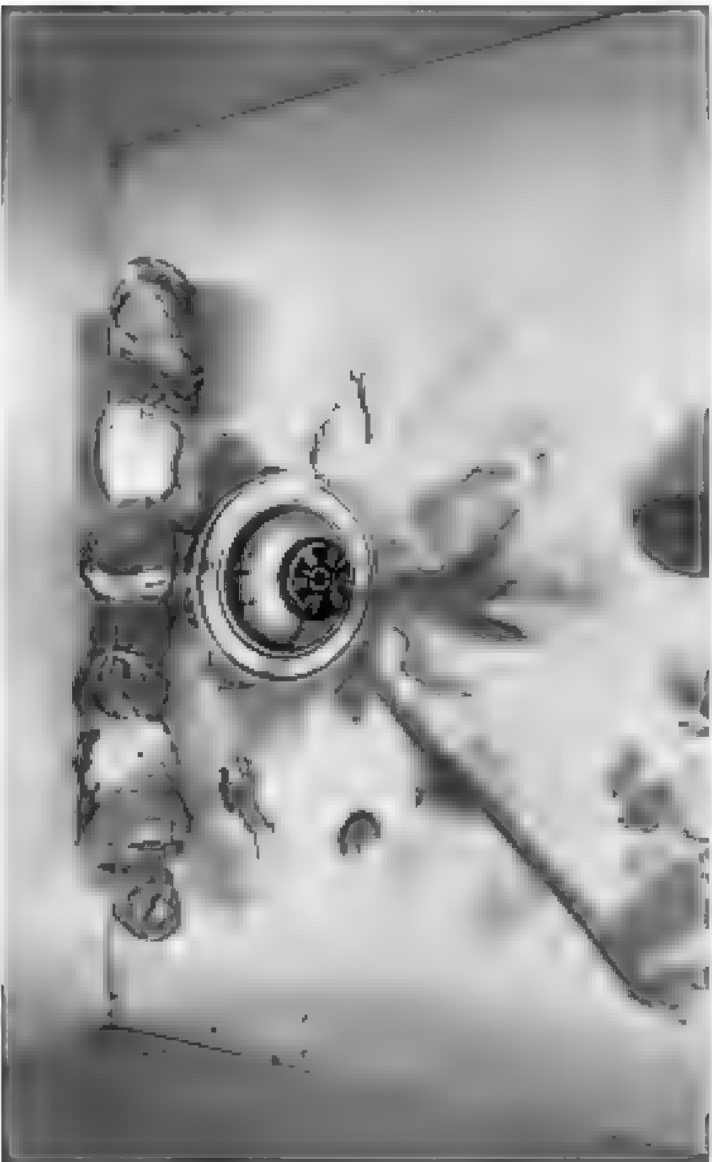
**Step 3:** Lay your shirt down flat. Now comes the folding and twirling, which has many variations. For a kaleidoscope effect, twirl your shirt from the centre and then use the elastics to hold the shirt in places. For stripes, roll your tee horizontally or vertically and the use the elastics to hold the rolled shirt in place and for the places where you'd like to see white.

**Step 4:** Now you can start splashing dyes. It is a tie-dye t-shirt after all, so don't worry about putting too much thought into it. Be careful not to muddle up the colours too much or else it will turn out looking muddy.

**Step 5:** Let that baby dry and following the washing instruction specific to the brand of clothing dye you used.

**Step 6:** Wear your tie-dye with pride. Consider it a tribute as you wear it around campus to all the fun times you had this past summer. From dancing without shoes, to falling asleep on a grassy hill — your tie-dye is a badge of honour.

*Doin' You is a semi-regular Gateway feature that helps students learn ballin' life skills without their mom's help.*



CHRISTINA VAARVIS



# Fun around town for the last two weeks before school



**Arts & Culture  
Staff**  
GROUP COMMENTARY

*As school approaches and the days become shorter, one may come to realize that they've completely wasted their summer working. You missed out on spontaneous sunset-watching and supermoon-gazing as you slaved away, scraping together enough nickels and dimes to pay for tuition in the upcoming year. Luckily for you, if you missed out on a cool vacation to Thailand or backpacking around Europe, we have complied some fun activities to indulge in that are right outside your door. So shake off your summertime sadness and get to making the most of your last few weeks of non-polar weather.*

## Mod Club Edmonton

If you've ever imagined your summer love story playing out in dreamy musical sequences reminiscent of *Grease*, then MOD Club Edmonton has all your retro

summer fantasies figured out. Spinning Motown, 50's R&B, 60's Hits, Brit Pop and Mod anthems, DJ Blue Jay and MODest Mike make sure to keep you on the dance floor until your pompadour loses its moxie.

When it comes to rocking oldies and a poodle skirt, and the promise of a date night that only costs \$7, the only downside is that you can only do it once a month. This month The Common will be hosting MOD Club Edmonton on the 29th at 9:00 p.m., so if you happen to be looking for some good, clean, summer-lovin' then be sure to grab a date and your dancing shoes before the autumn blues kick in.

-Destani Engel

## River Valley

There's a lot of natural beauty in Edmonton that residents should take advantage of. Aside from the concrete jungle known as West Edmonton Mall, there's actually something else that makes this city very memorable: the river valley.

The North Saskatchewan River valley parks system, also known as the "Ribbon of Green" represents

one of the largest areas of urban parkland in North America. My favourite part of the river valley is the "End of the World," a scenic lookout in the Belgravia area that overlooks a bend in the North Saskatchewan River. It's an incredibly pleasant area to either relax by yourself, or hang out with friends. There's only so many months of nice weather in Edmonton, so take advantage of these waning days at one of the most scenic places the city has to offer.

-Cameron Lewis

## Float the Pembina River

If you missed out on house boating with friends in the Shuswaps this summer, a float down Pembina River is going to have to suffice. Located about an hour west of Edmonton, the float down Pembina River is about three and a half hours long and never gets deeper than your waistline.

Although it has a shuttle service provided by Pembina River Tubing if you're unsure of where to go, I recommend looking up maps beforehand. By coordinating rides with friends you can save yourself

a lot of cash and time.

First and foremost, don't get so drunk that you forget to hop off the river. If you do you may end up hiking further than the average drunk human would find enjoyable. Also, go early because as soon as the sun goes down you would be surprised with how cold it gets, especially when you're soaking wet and wearing minimal clothing.

Other than that all you need is an air mattress, friends and booze. On any given weekday the river usually isn't busy, which is perfect if you plan on bringing liquor with you for the ride, to avoid angry parents and police hating on your youth. Happy floating!

-Taylor Evans

## Technoir Trapnoir

To stop myself from bawling over the thought that we're slowly approaching the last few weeks of summer, I try to find an event to look forward to, and one that just keeps sounding better and better is Technoir Trapnoir. Set to take place at El Cortez Tequila Bar and Kitchen — the latest addition to Whyte Avenue's food and dance

scene — the night will feature trap, rap, techno and house music spun by DJs such as Dusty Grooves, The Hugonaut, Axe & Smash, Austin and Polyesterday.

The event is planned to span two floors, so that guests can experience trapnoir upstairs and dance to technoir downstairs, all while testing out the 80-100 brands of tequila that El Cortez offers. To complement and keep all the tequila in the stomachs of attendees, El Cortez also features a modern Latin menu designed by Alex Sneazwell, known from The Manor and Von's, as well as cocktails designed by Brendan Brewster, the head bartender at North 53.

Entrance will only be available via the back alley, and guests who follow the all-black dress code will have priority admission. All this is scheduled to happen on Sunday, August 24, which is also, not-so-coincidentally, the last day of the Edmonton Fringe Festival, so one could easily plan out the whole day on the avenue and celebrate the end of the weekend at El Cortez.

-Christina Varvis



SUPPLIED



SUPPLIED



SUPPLIED



SUPPLIED

## ALBUM REVIEW



## Buddy Last Call For the Quiet Life

Stove Punchin'  
iamyourbuddy.com

**Max Kelly**  
ARTS & CULTURE WRITER

Los Angeles-based indie-pop band Buddy release their second LP this week, entitled *Last Call For The Quiet Life*. In the seven years since their debut they've been busy in the studio, hardly living quiet lives.

Stylistic comparisons can certainly be drawn to The Shins, but a distinct difference is that Buddy's vocals do not take commanding lead. While this could be interpreted as Buddy lacking a dynamic vocal range, it is done with intent as a way to let the instrumentation shine through and create a more balanced sound where the lead vocal is just another instrument. Buddy's vocal abilities are great; they were simply turned down during the mixing process (somewhat ironic considering Buddy and The Shins both use the same mixer, Phil Elk).

Buddy blazes new ground by incorporating a diverse collection live and software generated sounds and then choosing to

emphasize a particular one. On "Boxing Elbows" the strings are the highlight. "Behind it" has just the right touch of synths and guitars, but this time it's the drums that carry the track as Buddy follows along in a melancholy vocal. Many songs take a note from the chillwave genre by projecting a dreamy vibe, but are refreshing in their ability to avoid sounding repetitive. Diversity is accomplished without ever coming across as scattered and chaotic.

For all of its instrumental and electronic experimentation, the ultimate genius in *Last Call For The Quiet Life* is that quality songwriting is not compromised in the process. The melodies are top-caliber and the catchy hooks plentiful. The drumlines are tight and the synths are on-point.

Buddy is excused for making us wait seven years because their sophomore LP is an authentic and meticulously crafted summer gem.

## dat app

WRITTEN BY Destani Engel



## Edmonton Soundwalks

COST > Free  
PLATFORM > iPhone, Android

Let's admit it, Churchill Square is a total heartthrob in the summer. Festivals and performances abound, each vying for Churchill's affection. Trendy food trucks wait patiently to wow her with their culinary expertise while theatres, galleries, and libraries stand aloof on the sidelines, offering her a classier romantic affair. There are no illusions surrounding Churchill Square's current allure, but locals may not be aware of her equally vibrant past.

Lucky for curious Edmontonians, history aficionado and broadcaster, Don Hill knows a little something about Churchill Square's past and has

partnered with the Edmonton Heritage Council and local production company Appropriate Entertainment to tell it. Using the Edmonton Soundwalks App, listeners are taken on a 30-minute 3D audio journey of the square that offers an immersive experience of the history and culture that thrives there.

The app itself is remarkably simple, with only a few buttons and pictures in total, but the real focus is on the 3D audio rather than the interface of the app itself. Including background recordings of various sounds that are realistic to the venue being viewed, and voices that move left to right in the headphones as if they were in the same space as the listener, Hill is successful in creating an immersive and educational audio experience in the palm of his listeners' hands. Although the mechanics of the app itself fall short in some areas with the audio shutting down along with the phone, or the inability to rewind and review important facts, Hill has still ventured into an exciting new digital territory and paved the way for future Edmonton Heritage-focused apps of its kind.

*Dat app is a regular Arts & Culture feature that highlights and showcases the best apps available.*



# Sports

**Sports Editor**  
Cameron Lewis  
  
**Phone**  
780.492.6652  
  
**Volunteer**  
Contact by email or phone :)

**Email**  
sports@gateway.ualberta.ca  
  
**Twitter**  
@cooom



CHAMPIONS Bears and Pandas pose with their championship hardware.

SUPPLIED

## U of A tennis wins first National Championship



**Cameron Lewis**  
SPORTS EDITOR • @COOOM

The University of Alberta Bears and Panda's Tennis team made history last weekend, winning the Canadian University and College Tennis Championship for the first time ever. This is the first time a team outside of Quebec has taken home the national championship, but getting home took a while. The team had to sit on a grounded airplane at the Toronto Airport for nearly four hours on their way home, but coach Russ Sluchinski said nothing could bring the team down from their championship high. The players are all just really excited and super happy," Sluchinski said after the team's historic win. "If we had lost, sitting there on the track would have been awful, but since we won, we were probably the happiest people on the plane."

The tournament is broken down into a co-ed format that has singles and doubles matches rolling into one combined team score. Each school plays five doubles and six singles matches against each other and the team with the most points at the end of the round robin stage is deemed champion. The U of A began their tournament with a narrow victory over McGill with a score of 6-5 with four wins coming in doubles and two coming in singles. The Bears and Pandas dominated the doubles matches, which is something coach Sluchinski said was integral to the team's success. "We put out a great lineup, we had the right players playing with the right players," Sluchinski said. "We've been focusing really hard on doubles. We want to be known at the U of A as (having) very good doubles players and this year it really showed

when we won eight out of 10 doubles matches in the tournament." After a narrow victory on Friday, Alberta went into their final match on Sunday against the University of Western Ontario with gold on the horizon. The Bears and Pandas dominated Western, winning 9-2, with four victories in doubles and five in singles. Sluchinski said he knew winning the championship came down to beating McGill on the first day of the tournament. "We were leading 5-4 in matchers and we needed one more match to win, so it came down to the number one men's and women's singles," Sluchinski said. "We ended up losing the men's match really tight, so it came down to the women. "You can't practice for these types of situations, all of the noise and the cheering from the Quebec crowd was really special."

This was Alberta's fifth straight appearance at the tournament. The team finished runner-up last year after a heartbreaking loss to the University of Montreal, making the victory this year that much more special. "Each year we got closer and closer, so the feeling is just surreal," Sluchinski said. "It was a great feeling to see the different reactions from the players because I've seen the frustration and the downer when it comes to being close and not coming through." Sluchinski said the failures the team suffered in the past ultimately led them to success. "Maybe you have to lose some times to get it, but our players were very focused all weekend," Sluchinski said. "The players just came in and played great tennis, from start to finish, every single player contributed, and that's what it took."

	Def 6-5	
Sanjevic/Mehta vs. Bovet/Phillips (Win 7-6, 6-4)		
B. Voaklander/E Voaklander vs. Walker Zhao (Win 6-3, 6-2)		
Sluchinski/Chaves-Posse vs. Laaribi/Susen (Win 6-3, 1-6, 10-7)		
Laschuk/P. James vs. Min/Wu (Win 6-1, 6-2)		
Strozyk/M. James vs. Donski/Beran (Loss 4-6, 4-6)		
Sanjevic vs. Bovet (Win 7-6, 3-6, 11-9)		
B. Voaklander vs. Beran (Loss 6-2, 0-6, 4-10)		
E. Voaklander vs. Phillips (Win 6-2, 4-6, 10-3)		
Laschuk vs. Laaribi (Loss 5-7, 6-2, 10-3)		
Chaves-Posse vs. Susen (Loss 5-7, 0-6)		
Urtega vs. Donski (Loss 2-6, 3-6)		
	Def 9-2	
Sanjevic/Mehta vs. Au/Stanescu (Win 6-2, 6-4)		
B. Voaklander/E Voaklander vs. Muthu/Barnett (Win 6-0, 6-0)		
Sluchinski/Chaves-Posse vs. Janik/Askew (Loss 6-1, 3-6, 9-11)		
Laschuk/P. James vs. Harmath/Besworth (Win 7-6, 6-1)		
Strozyk/M. James vs. Giltrap/McCann (Win 6-3, 6-3)		
Sanjevic vs. Au (Win 6-1, 6-0)		
B. Voaklander vs. Stanescu (Win 6-0, 6-0)		
E. Voaklander vs. Taneja (Win 6-1, 6-1)		
Laschuk vs. Janik (Loss 3-6, 6-2, 5-10)		
Chaves-Posse vs. Ono (7-5, 6-4)		
Urtega vs. Dhaliwal (6-3, 7-5)		

## Former Oiler Pisani joins Golden Bears as assistant coach

**Cameron Lewis**  
SPORTS EDITOR • @COOOM

Former Edmonton Oilers forward Fernando Pisani will be joining the University of Alberta Golden Bears hockey team's coaching staff for the 2014-15 season. Pisani, who served as the team's second assistant coach last season, will be replacing Ryan Marsh, who has accepted a coaching position with the Edmonton Oil Kings of the WHL. Bringing in a storied NHL veteran like Pisani is an incredibly exciting prospect for the program, Bears' coach Ian Herbers said. "(Pisani) spent a number of years in the American Hockey League

perfecting his game before it was NHL calibre, and then he had a great career in the National Hockey League," Herbers said. "All of those experiences that he brings, plus that work ethic and passion for the game makes him a great addition for the program." The Edmonton-born Pisani was selected by the Edmonton Oilers in the eighth round, 195th overall in the 1996 NHL entry draft. He then spent four years playing Division 1 NCAA hockey for Providence College and two years playing for the Oilers' minor league affiliate, the Hamilton Bulldogs, before making his NHL debut. Over 426 NHL games, Pisani tallied 87 goals and 169 points.

Pisani's professional hockey career was highlighted by a heroic performance during the Oilers' 2006 playoff run. In 24 playoff games, Pisani scored 14 goals, helping the Oilers become the first ever eighth seed to make it to the Stanley Cup Finals. Although this is his first full-time coaching position, Coach Herbers said he believes the former Oiler will fit in perfectly. "Ryan brought a lot to the table, but Fern was around the program last year and now he has a great relationship with all of the players and the staff," Herbers said. "Everybody is excited, they know Fern and everything he can bring to the program."

Ryan Marsh is leaving the Bears after serving two seasons as the team's assistant coach. As a player, Marsh suited up for four seasons with the Bears, winning back-to-back CIS National Championships in 1999 and 2000. "Ryan came in with a lot of passion and energy," Herbers said. "He knew the program and understood the culture and how demanding it is because of what we require athletically and academically. "He brought enthusiasm, wanting the program to get better, the individuals to get better and for himself to get better." Although losing former Bears' captain Ryan Marsh is a difficult pill to swallow, having him scout

WHL talent will be advantageous to the Golden Bears, Herbers said. "It'll be another big plus for us because it'll be another inside track on recruiting for us," he said. "We already do get a lot of out guys from the Oil Kings, but having a guy who knows what I want and what I expect will help us with recruiting." Pisani joins a storied program that has won 14 National Championships in its history, and has made back-to-back CIS National Championship appearances under head coach Herbers. The Golden Bears will begin their championship defense on Sept. 26 on the road against the UBC Thunderbirds.



# LeBron's return makes Cleveland an NBA offseason winner

**Steven Andrais**  
SPORTS WRITER • @STEVENANDRAIS

**Winners**  
**Cleveland Cavaliers:** Even before LeBron James agreed to return home, the Cavs were having a great offseason. They received their third first overall pick in four years, despite having less than a one per cent chance of winning the draft lottery. The Cavs selected Canadian phenom Andrew Wiggins, who may be headed to Minnesota as part of a deal for all star power forward Kevin Love. Love was arguably a top five player last season averaging 26.1 points, 12.5 rebounds and 4.4 assists per game. A “big three” of LeBron, Love and Irving would be incredibly fun to watch offensively, but Lebron may have to do the heavy lifting on defence. **Dallas Mavericks:** Future Hall of

Famer Dirk Nowitzki left \$72 million on the table as he turned down a four year, \$97 million deal from Houston. Instead, Disco Dirk took a three year, \$25 million contract in order to stay with the Mavericks. Dirk's game has aged well, as he contributed 21.7 points per game last season. Keeping him around is good enough for the Mavs to compete in the tough Western Conference. **Losers**  
**Houston Rockets:** To clear cap space to sign Chris Bosh, the Rockets dumped Jeremy Lin and a first round pick to the Lakers for cash and overseas contracts. GM Daryl Morey also traded Omer Asik to the Pelicans for a heavily protected future first round pick. Shockingly, Chris Bosh re-signed with Miami, leaving the Rockets empty handed. They also decided not to match Chandler Parsons' offer sheet from Dallas, signing Trevor Ariza as a replacement.

The Rockets went from looking like they'd be the new team to beat, to losing three solid players for very little return. **Indiana Pacers:** Ever since the All-Star break, Pacers fans have slowly had any joy squeezed out of them. They stumbled through the playoffs only to be eliminated by the Heat for the third straight year. In free agency, Lance Stephenson walked away from a \$44 million, five-year contract offer from the Pacers to sign a \$27 million, three year contract with the Charlotte Bobcats. This by itself would have been a bad offseason — but it got even worse. The Pacers' rising star, Paul George, suffered a gruesome injury at Team USA training camp earlier this month, and will miss the entire 2014-15 season. The Pacers will likely be fighting to sneak into the playoffs, and might be better off selling their assets to get a chance at top prospect

Jahlil Okafor in next year's draft. **A Category of their Own**  
**The Raptors:** People were scratching their heads on draft night when Bruno Caboclo's name was called, but Raptors fans can be cautiously optimistic about the “Brazilian Durant”. It's rare to find a 6'9” shooting guard with a 7'7” wingspan, and although Bruno is a work in progress, his upside is intriguing. This pick lends itself to the possibility of being ridiculed in the future, considering they passed on a number of proven prospects, including a lottery projected pick in Rodney Hood. The Raps didn't make any big splashes in free agency, but they were able to re-sign point guard Kyle Lowry, who is viewed as the heart and soul of this Raptors team. Aside from the Lowry signing, it's unclear whether Raptors fans will look back on this summer fondly — or shake their head at it.



# Florida's silly shopping spree makes them an NHL offseason loser

**Cameron Lewis**  
SPORTS EDITOR • @CCOOM

**Winners:**  
**The Dallas Stars:** General Manager Jim Nill certainly isn't messing around in the Lone Star State. The Stars robbed Ottawa of their disgruntled franchise center Jason Spezza, sending the Sens nothing more than a package of magic beans. Nill then went ahead and inked former Senator and Oiler Ales Hemsky to a sweetheart deal of \$12 million over three years. After being traded from the Oilers to the Sens last season, Hemsky put up 17 points in 20 games playing alongside Spezza. The Stars' sophomore GM suffered

no slump this offseason, turning his borderline playoff team into a legitimate contender. **The St. Louis Blues:** Another really good Western Conference team just got even better. The Blues hit a home run snagging center Paul Stastny from division rival Colorado, making themselves better and Colorado worse in the process. Having Stastny will add some much needed skill to the tough and rugged Blues. The best deal General Manager Doug Armstrong made this offseason was the one he didn't make. Armstrong made the tough decision to let enigmatic, controversial goaltender Ryan Miller — who has declined since the 2010 Olympics — test free agency

and ultimately join the Vancouver Canucks' soap opera. While Miller was supposed to push St. Louis over the top last season, he was nothing special when it mattered most. Moving forward with Brian Elliot in net is a much smarter and cheaper plan. **Honorable mention:** The Arizona Coyotes didn't make any moves that actually make them a better team on the ice. They finally changed their name from the Phoenix Coyotes — a good move since the team doesn't actually play in Phoenix. **Losers:**  
**The Florida Panthers:** Somebody was going to sit down and give center David Bolland a really bad contract this offseason. For some reason, the

Panthers' front office decided signing an injury-prone player who has scored more than 40 points once in his career to a five-year deal worth \$27 million was a good idea. But they weren't done there — the Panthers then went on a shopping spree, signing a bunch of mediocre players to inflated contracts. The Panthers were a bad team last year who just spent a ton of money this offseason to be an equally bad team next year. **The Washington Capitals:** Like David Bolland, somebody was going to sign defenceman Matt Niskanen to a really bad contract. He's a solid player but certainly a far cry from a top pairing defenceman even though he

certainly got paid like one. Signing Niskanen to a seven-year, \$40 million deal wasn't awful, but signing shut-down guy Brooks Orpik to a five year deal worth over \$5 million per year certainly was. Just like Florida, Washington spent a ton of money and didn't really get any better. **Honorable Mention:** The San Jose Sharks' first-round series against LA last year can be added to their scrapbook of colossal playoff failures, and their management staff sat around and pretended it never happened. The Sharks will go into the 2014-15 season with the exact same team who blew a 3-0 series lead in the first round of the playoffs to LA last year.

WRITING

More fun than a fall reading week.

OPINION

gateway opinion

ETWY.CA



# The Gateway's Fantasy Football Draft Kit

**Richard Catangay-Liew**  
NEWS EDITOR • @RICHARDCLIEW

18 days. That's how long until the NFL season kicks off. Surely, you've been busy this summer monitoring quarterback battles in camp, keeping track of injuries and crossing Josh Gordon off your fantasy football cheat sheet.

If not, don't worry, *The Gateway's* got you covered this draft season.

**Know your league:**

In one of my drafts last year, I took Saints quarterback Drew Brees second overall. On the surface, that sounds absolutely crazy. I passed on bonafide studs like Jamaal Charles, LeSean McCoy and Calvin Johnson for Brees, and believe me, the draft room noticed. After being lambasted by fellow draftees for a good 10 picks, I made my second round selection: Broncos quarterback Peyton Manning.

You can only imagine what insults were hurled at that point. But instead of being rattled by my competition, I sat back, kicked my feet up and enjoyed a tub of caramel popcorn.

It was obvious no one else bothered to check the league's settings.

It sounds like common sense, but you'd be surprised how many people don't look at their league settings before they draft. Things like: how many players at each position do you start? How many points are awarded for rushing, receiving and passing touchdowns? How many points are awarded per reception (if at all)?

Your player rankings should vary depending on what your league settings are. Always know your league.

**Ranking Players:**

You should know two concepts when creating your cheat sheets: value and tiers. Check the average draft position (ADP) data on ESPN and Yahoo! to get an idea of where certain players are being drafted. The default pre-draft rankings vary from platform to platform, and can influence ADP. Compare ADP and default pre-draft rankings with your own cheat sheet, and highlight players who you personally have way lower or way higher. This can give you an idea of trends in draft rooms.

For example, ESPN's current pre-draft rankings have Broncos running back Montee Ball at 25th overall, with an ADP of 29.5 in the third round. I personally have Ball ranked seventh overall. This means I could probably wait until the second or third round to draft Ball, even though I am more willing to draft him in the first. That's incredible value. If you construct your squad's foundation with several first round picks, you should be on the way to your fantasy playoffs.

It's also useful to know your opponent. If they're informed, chances are they have the same breakout players as you in their queue. This might force you to reach on a player you like a round or two earlier. If you know your opponent spends just as much time as you researching, chances are you'd have to take someone — like Ball — earlier than expected.

Putting players into tiers also helps determine which players you value more than others. Rank players by position, then separate those rankings into tiers. There shouldn't be too much separation between players in each tier, but adjust to preference. For example, your first tier of running backs should include Adrian Peterson, LeSean McCoy and Jamaal Charles. All three are worthy of a first overall selection, but personal preference should dictate what order you have them in. Putting players into tiers also helps with the anxiety of having someone you targeted go one spot before you. Since there isn't much separation between players in each tier, simply select whoever you have ranked next and keep it moving.

**Preparation and research:**

The dreaded NFL offseason is seven months long, and the average fantasy football player probably isn't thinking about their drafts until training camp begins. But if you truly want to be prepared, you need be thinking fantasy football year round.

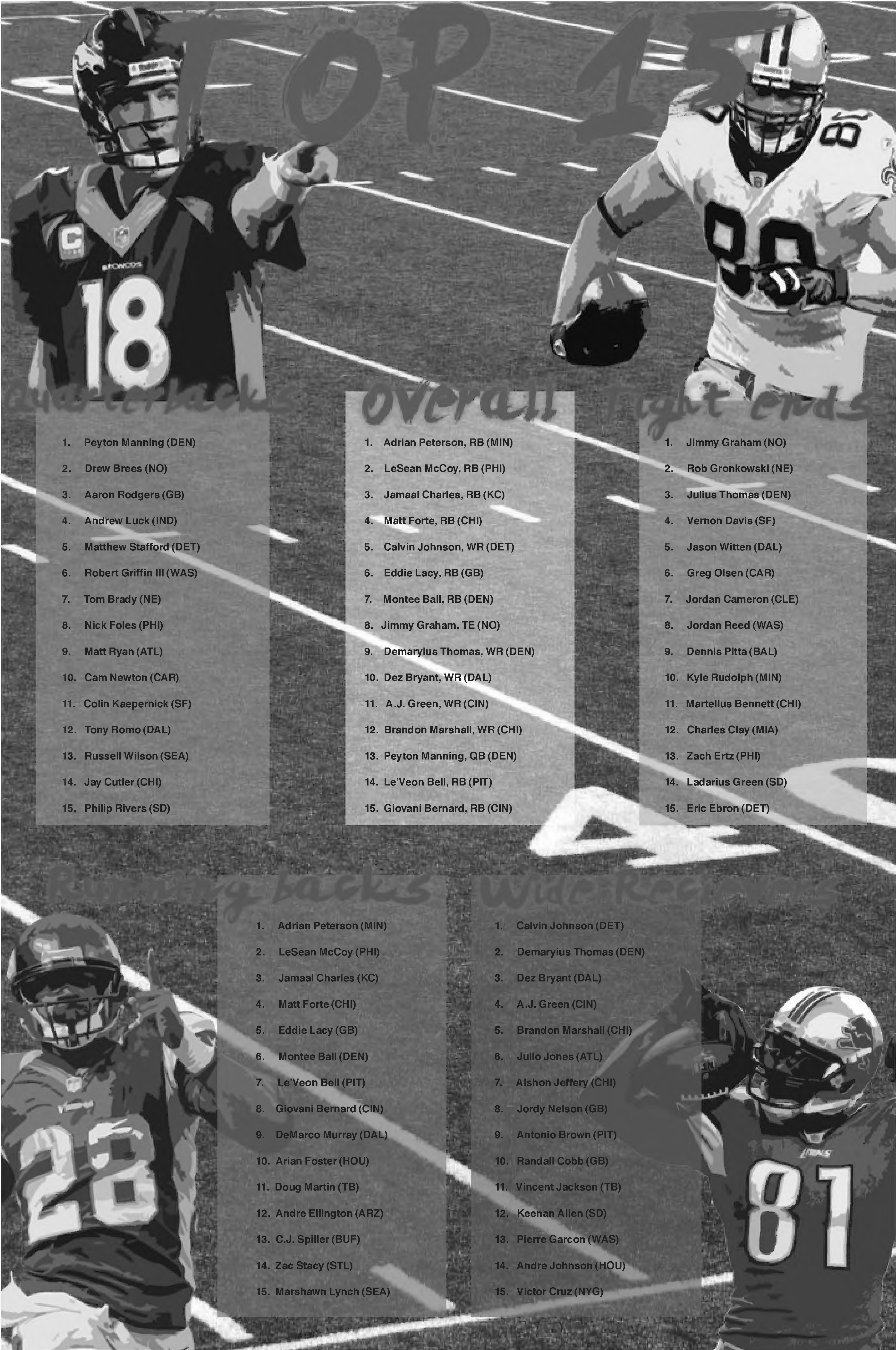
You should have a cheat sheet you're constantly updating throughout the season and offseason with notes of player ages, injury history and performance trends. This makes ranking easier once draft season begins, since you already have your preferred players and tiers set.

Happy drafting!



Designed by Cameron Lewis





- Quarterbacks**
1. Peyton Manning (DEN)
  2. Drew Brees (NO)
  3. Aaron Rodgers (GB)
  4. Andrew Luck (IND)
  5. Matthew Stafford (DET)
  6. Robert Griffin III (WAS)
  7. Tom Brady (NE)
  8. Nick Foles (PHI)
  9. Matt Ryan (ATL)
  10. Cam Newton (CAR)
  11. Colin Kaepernick (SF)
  12. Tony Romo (DAL)
  13. Russell Wilson (SEA)
  14. Jay Cutler (CHI)
  15. Philip Rivers (SD)

- Overall**
1. Adrian Peterson, RB (MIN)
  2. LeSean McCoy, RB (PHI)
  3. Jamaal Charles, RB (KC)
  4. Matt Forte, RB (CHI)
  5. Calvin Johnson, WR (DET)
  6. Eddie Lacy, RB (GB)
  7. Montee Ball, RB (DEN)
  8. Jimmy Graham, TE (NO)
  9. Demaryius Thomas, WR (DEN)
  10. Dez Bryant, WR (DAL)
  11. A.J. Green, WR (CIN)
  12. Brandon Marshall, WR (CHI)
  13. Peyton Manning, QB (DEN)
  14. Le'Veon Bell, RB (PIT)
  15. Giovani Bernard, RB (CIN)

- Tight Ends**
1. Jimmy Graham (NO)
  2. Rob Gronkowski (NE)
  3. Julius Thomas (DEN)
  4. Vernon Davis (SF)
  5. Jason Witten (DAL)
  6. Greg Olsen (CAR)
  7. Jordan Cameron (CLE)
  8. Jordan Reed (WAS)
  9. Dennis Pitta (BAL)
  10. Kyle Rudolph (MIN)
  11. Martellus Bennett (CHI)
  12. Charles Clay (MIA)
  13. Zach Ertz (PHI)
  14. Ladarius Green (SD)
  15. Eric Ebron (DET)

- Running Backs**
1. Adrian Peterson (MIN)
  2. LeSean McCoy (PHI)
  3. Jamaal Charles (KC)
  4. Matt Forte (CHI)
  5. Eddie Lacy (GB)
  6. Montee Ball (DEN)
  7. Le'Veon Bell (PIT)
  8. Giovani Bernard (CIN)
  9. DeMarco Murray (DAL)
  10. Arian Foster (HOU)
  11. Doug Martin (TB)
  12. Andre Ellington (ARZ)
  13. C.J. Spiller (BUF)
  14. Zac Stacy (STL)
  15. Marshawn Lynch (SEA)

- Wide Receivers**
1. Calvin Johnson (DET)
  2. Demaryius Thomas (DEN)
  3. Dez Bryant (DAL)
  4. A.J. Green (CIN)
  5. Brandon Marshall (CHI)
  6. Julio Jones (ATL)
  7. Alshon Jeffery (CHI)
  8. Jordy Nelson (GB)
  9. Antonio Brown (PIT)
  10. Randall Cobb (GB)
  11. Vincent Jackson (TB)
  12. Keenan Allen (SD)
  13. Pierre Garcon (WAS)
  14. Andre Johnson (HOU)
  15. Victor Cruz (NYG)



# Diversions

Design & Production Editor

Jessica Hong

Email

production@gateway.ualberta.ca

Phone

780.492.6663

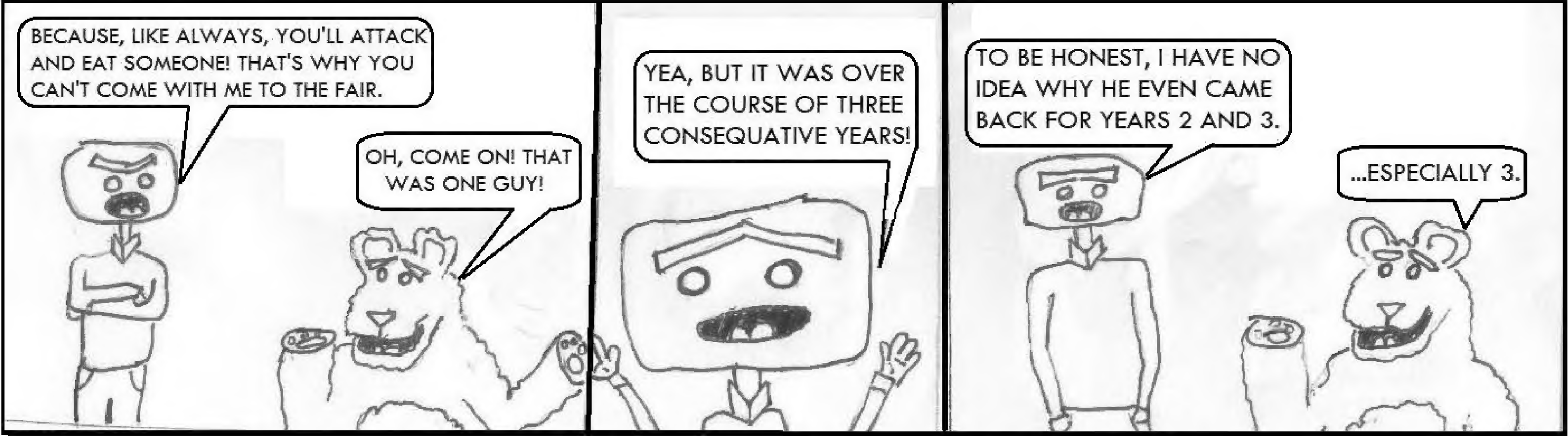
Twitter

@jesshong

Volunteer

Send me an email! Comics meetings will be back in September :)

UNBEARABLE by Christopher Borger



A MODERN ASIAN FAMILY by Stefano Jun



ID & EGO by Lauren Alston

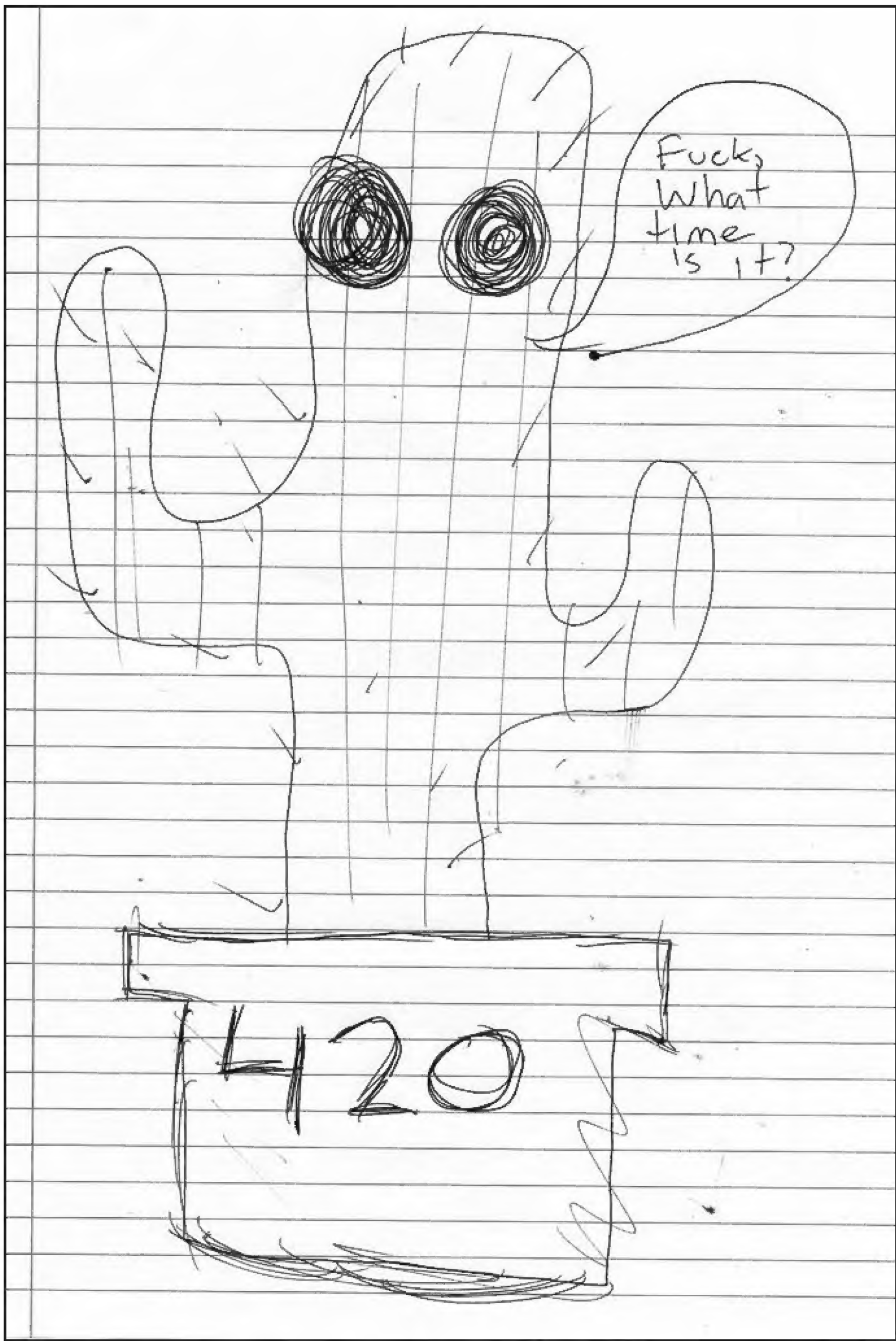


CAT COMICS by Matthew Townley





JON by Cam Lewis



I AM NOT A LUNGFISH by Jessica Pigeau



SUMMER TO DO by Jessica Hong

